

# Newton Center For Active Living Senior Center Comparison - Site Visit August 17, 2018

8/22/2018

	Tolles Parsons Center Wellesley Council on Aging	Needham Center at the Heights & Council on Aging	Marlborough Council on Aging and Senior Center
Hours	Monday - Friday 9:00 am to 4:00 pm	Monday - Friday Programs 9:00 am to 4:00 pm, confirm 7:00pm m/w and weekend hours	Monday - Friday 8:00 am to 4:00 pm, Tuesday to 7:00 pm
Number of people per day	60+ need to confirm (63% increase since opening)	125-150	200 (will open to 50 year olds in the fall)
Senior Center Only	Yes	Yes	Yes, built on municipal land so did not included in project costs
Welcome Desk Visible as enter	No - around corner, no remote view/cameras	Yes	Yes
Administrative Suite	Yes, 2 offices behind Welcome Desk	Yes, on 2nd floor	Yes, 5 offices, copy area and Staff Toilet behind Welcome Desk
Stairs	Switchback stair with window seat at intermediate landing, shallow risers for comfort	Yes, one run with intermed landing - could be daunting if mobility issues	Yes, one run with intermed landing - could be daunting if mobility issues
wall - protection, handrails/lean rails	Wood wainscot, no corner guards, lean rail	no corner guard, some dings in GWB, True grab rail - oak	wood chair rail, no hand or lean rail, no corner guards
Seating Alcoves	on stair landing	2nd floor corridor	yes, 1st floor
Fitness Center - Exercise Machines/Weights	Yes, 2nd floor, 8 stations, overlooks multipurpose/dining room,	Yes, 1st floor, \$25/month, approx 14/15 stations	Yes, approx 8 machines
Dance Floor	Yes, adjacent to machines - too small	no	no
Exercise Room / Yoga, Zumba, etc.	Occurs in Multi-purpose rooms throughout	Occurs in Multi-purpose rooms throughout	Occurs in Multi-purpose rooms throughout
Pool Tables - Size/Number	Yes, 2 pool tables. In game room with card tables	2 pool tables	2 pool tables in room with glass front wall (orig designed as fitness center but considered too visible)
Ping Pong Tables - Size/Number	No, but receives a lot of inquiries	1 table (another stored in basement)	no
Convenience Shower/Toilet Room	yes, near fitness machines	yes, 2nd floor	yes, 1st floor
Dining Room	Occurs in large MP room - see below	Occurs in large MP room - see below	yes, large room, need more info
Meals per day	can serve 30, typically 18 to 20 around 5 person round tables	brought in by Springwell, 9 round 5 person tables 45 for lunch, fully opened 150	yes, local restaurant comes in 3 times week, can serve 150 at 8 person round tables, lunch for 20-48 people per day
Commercial Kitchen		Yes	Yes,
Warming Kitchen			
Catering Kitchen	yes, need enhanced storage and refrigeration to be commercial		
Teaching Kitchen		Yes, mostly demonstrations in kitchen around large island table	
Café	yes, coffee bar, informal seating, fireplace	counter in front of kitchen can be used for coffee, etc.	?
Rental Facilities	no	yes, kitchen large room	yes, large room but cannot rent kitchen
Multipurpose Rooms	all mp rooms have sinks and coat alcoves, good storage adjacent	storage closets in room or near in corridor, coat alcoves in corridor	storage closets in room or near in corridor, coat alcoves in corridor
Number of MP rooms	1st floor -large dividable space (2), 2nd floor 1 dividable room (2) + 2 rms	1st floor - large dividable space (2), 2nd floor 5 + art room, conf room	1st floor large dividable room (arts/crafts & Exercise) (2) , 1 very large mp room for dining, large open space on 2nd floor will be subdividing into rooms in fall
Largest Size/Capacity/dividable)	approx. 1,200 (800sf + 400sf) dividable, when fully open 100 for fitness, 80 for dining	3,000 sf, seats 250. Divides into smaller side near kitchen and large side near entrance	size tbd,
Stage	no	no	yes, built in - lesson learned: should be on opposite side of kitchen
Art Rooms - Specific Equipment	Craft room has large storage closet	Yes, with sink	Yes, first floor
Dedicated Rooms	Card/Game Room (where pool tables located)	pool/ping pong/computers/game room + computer room 2nd floor	computer lab first floor
Store/Resale Shop	no	Yes, visible from entrance	yes - close to entrance
Drop in Space - Unprogrammed	yes, outdoor patio, café/fireplace	yes, 2nd floor reading/fireplace & jigsaw/game area near deck entrance	yes, 1st floor reading/fireplace
Dedicated Volunteer Space	work at front desk	room behind desk	?
Storage Rooms Adequate	Yes - very well designed and near rooms where needed	appears to be	yes
Offices	1st floor behind welcome desk	Volunteer/Shine Dir./Assoc Dir Transport offices behind welcome desk, Exec dir upstairs.	Veteran's office & conf room first floor
Counseling Social Service Spaces	1 social service room on 2nd floor for privacy	Social Worker & Supervisor upstairs for privacy	1 st floor?,
Medical Exam Rooms	no	yes, blood pressure/vision testing 2nd floor near exec. Dir	Yes, Wellness room
Medical Equipment Storage		in basement	Yes, separate closet
Exterior Program Spaces	outside patio, limited space for activates - use nearby park	Yes, large deck on 2nd floor with raised accessible garden beds, bbq's and concerts	Large patio with BBQ and covered table area, adjacent to public park to share services, bocce and horse shoe, greenhouse to be build on property
Other Spaces of Note:			
Serves as Emergency Shelter with generator	No, no emergency generator	Emergency Generator, not emerg shelter but dpw workers spend night during storms	Yes, large emergency generator(s)
Used for Other Purposes	Some community meetings with cable access, polling station	rental space, other to be confirmed	day program - memory/dementia patients 4 hours/1 day per week
Security			cameras with monitoring at police station
Other Features			Staff break room 1st floor