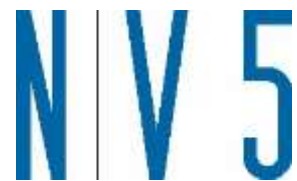


NewCAL

Newton Center for Active Living

Executive Building Committee & Advisory Building Committee Joint Meeting

September 13, 2018 7:00 pm
Emerson Community Center
45 Pettee Street
Newton Upper Falls



NV5 – Owner's Project Manager

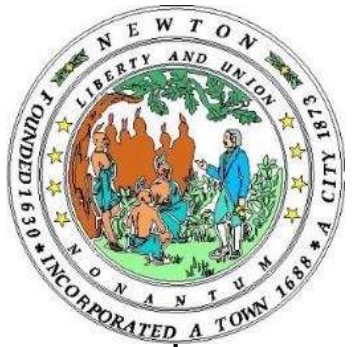


Steffian Bradley Architects

Agenda

- **Welcome and Introduction**
- **Presentation**
- **Comments from the Executive Building Committee & Advisory Building Committee**
- **Comments from the Community**
- **Upcoming Meetings**

NewCAL Project Organization Chart



City of Newton
NewCAL
Center for Active Living Project

Key City of Newton Stakeholders

Newton Public Buildings Department
Department of Senior Services
Council on Aging
Executive Building Committee and
Advisory Building Committee
Parks & Recreation Department
Parks & Recreation Commission
Newton Recreational Facilities

NV5

Owner's Project Manager

PRINCIPAL-IN-CHARGE
Chris Guarino
LEED AP BD+C

PROJECT EXECUTIVE
Tom Murphy AIA
LEED AP, MCPPO

PROJECT DIRECTOR/ SENIOR PM
Italo Visco AIA

PROJECT COORDINATOR
Melissa Gagnon MCPPO

ARCHITECTS
shb
Steffian Bradley Architects

Architect

PRINCIPAL-IN-CHARGE/ LEAD
ARCHITECT/DESIGNER
Joe Sirkovich AIA, LEED AP

RESOURCE PRINCIPAL & PROGRAMMING/
PLANNING
Teresa Wilson AIA
LEED AP, Fitwel Ambassador

PROJECT MANAGER
Tony Miniscalco AIA, LEED AP

RESOURCE PRINCIPAL
Eddie Widofsky AIA LEED AP
MCPPO

NewCAL - Building Committees' Roles

4

Executive Building Committee

- The **Executive Building Committee** reviews and votes to recommend approval of site selections matrices, site layouts, feasibility reports, and all phases of design including conceptual, schematic, design development, and construction documents. The EBC may vote approval of the project to move on to the next phase with or without conditions or refinement recommendations
- If the **EBC** determines that a particular phase is not ready to be approved, the committee provides feedback and direction on what changes and/or additional information is required. The EBC works in conjunction with the Design Review Committee (DRC) which has a formal process and authority over certain process steps and design elements.
- The **EBC** meets monthly as needed.

Advisory Building Committee

- The **Advisory Building Committee** is made up of stakeholders from various user groups, elected officials, city staff, boards, councils, commissions, and committees.
- The charge of the **ABC** is to make sure we are looking at every aspect of the program, so that this project can serve the needs of all seniors, as well as fully analyze what other community needs might be able to be addressed as part of this initiative.
- The **ABC** meets every 1-3 months depending on where we are in the project process.

NewCAL - Facilities Program Study Event Schedule

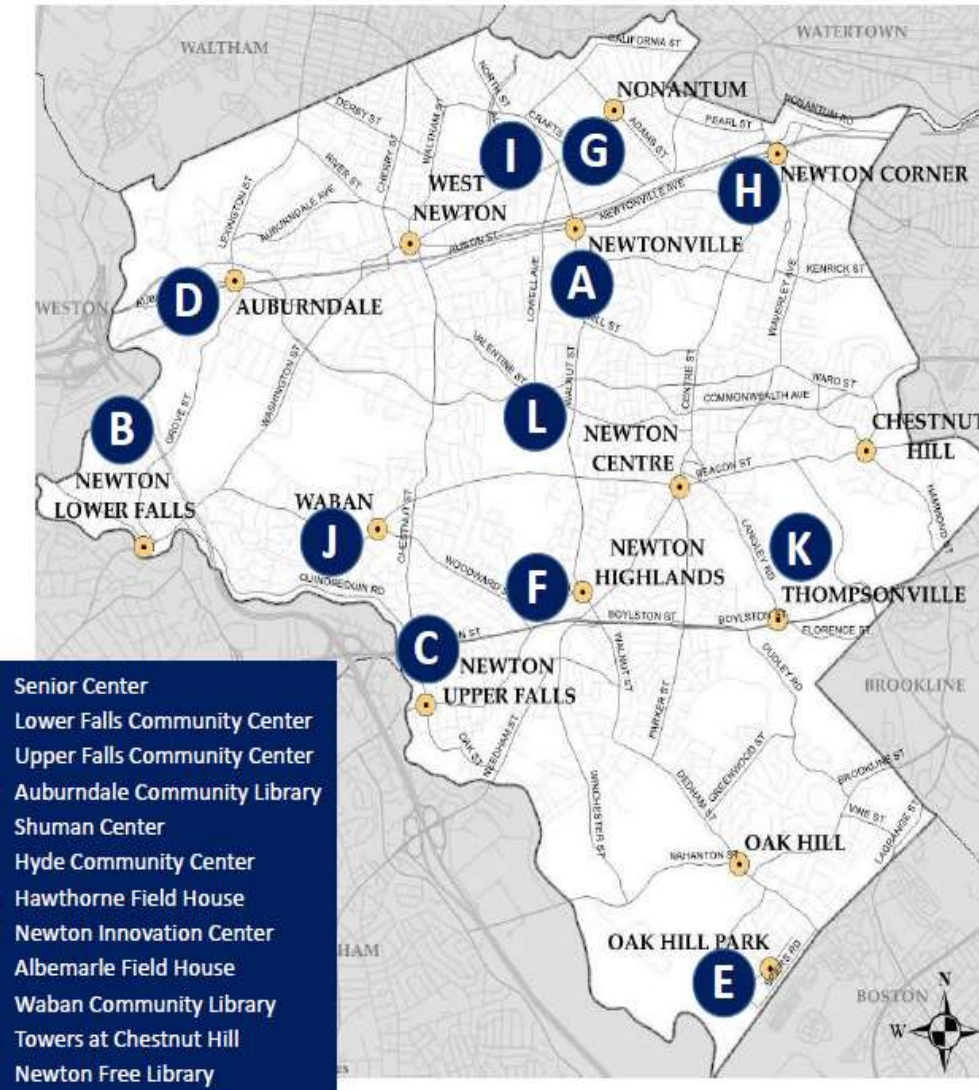
NewCAL: Newton Center for Active Living Project

UPCOMING EVENTS: FRIDAY OPEN OFFICE HOURS AND LISTENING SESSIONS

	Date	Time	Map ID	Village	Meeting Facility	Address	Meeting Type
SEPTEMBER	08/24/18	10:00-11:30 AM	A	Newtonville	Newton Senior Center	345 Walnut Street	Open Office Hours
	09/07/18	10:00-11:30 AM	A	Newtonville	Newton Senior Center	345 Walnut Street	Open Office Hours
	09/14/18	10:00-11:30 AM	B	Lower Falls	Hamilton Community Center	545 Grove Street	Open Office Hours
	09/17/18	7:00 PM	L	Newton Center	Main Library	330 Homer Street	Listening Session
	09/21/18	10:00-11:30 AM	C	Upper Falls	Emerson Community Center	45 Pettee Street	Open Office Hours
	09/28/18	12:00-1:00 PM	A	Newtonville	Newton Senior Center	345 Walnut Street	Dialogue w/ Director
OCTOBER	10/05/18	10:00-11:30 AM	H	Newton Corner	Newton Innovation Center	124 Vernon Street	Open Office Hours
	10/12/18	10:00-11:30 AM	E	Oak Hill	Shuman Center	675 Saw Mill Brook Parkway	Open Office Hours
	10/19/18	10:00-11:30 AM	F	Highlands	Hyde Community Center	90 Lincoln Street	Open Office Hours
	10/26/18	10:00-11:30 AM	I	Newtonville	Albemarle Field House	250 Albemarle Road	Open Office Hours
	10/29/18	12:00-1:00 PM	A	Newtonville	Newton Senior Center	345 Walnut Street	Dialogue w/ Director
NOVEMBER	11/02/18	11:00-12:30 AM	D	Auburndale	Auburndale Community Library	371 Auburn Street	Open Office Hours
	11/09/18	10:00-11:30 AM	G	Nonantum	Hawthorne Field House	17 Hawthorne Street	Open Office Hours
	11/16/18	10:00-11:30 AM	C	Upper Falls	Emerson Community Center	45 Pettee Street	Open Office Hours
	11/30/18	9:30-11:00 AM	H	Newton Corner	Newton Innovation Center	124 Vernon Street	Open Office Hours
DECEMBER	12/07/18	10:00-11:30 AM	E	Oak Hill	Shuman Center	675 Saw Mill Brook Parkway	Open Office Hours
	12/14/18	9:30-11:00 AM	J	Waban	Waban Community Library	1608 Beacon Street	Open Office Hours
	12/21/18	10:00-11:30 AM	K	Thompsonville	Towers at Chestnut Hill	250 Hammond Pond Parkway	Open Office Hours

Newton Center for Active Living - NewCAL

UPCOMING MEETINGS NEAR YOU



Questions or comments? Please contact the NewCAL project team at: newcal@newtonma.gov

Please visit the project website at: <https://newcal.projects.nv5.com> and click on the "upcoming events" tab for project updates and upcoming events.



The NewCAL Project Consultant Team

NV5 – Owner's Project Manager

Steffian Bradley Architects (SBA) - Architect



NewCAL Community Update & Website

<https://newcal.projects.nv5.com/>

Email: newcal@newtonma.org

Newton Center for Active Living - NewCAL

COMMUNITY UPDATE – SEPTEMBER 2018

The Newton Center for Active Living project has hit the ground running! The NewCAL Project Team is excited to engage with the **entire community** to gather as much information as possible so that this project will meet the needs of seniors, as well as explore opportunities to meet the needs of people of all ages.

Breakfast Club Transportation
Pickle Ball Yoga Tai Chi Cardio
Café Talks Life Scrabble Recrea
Quilting Group Outreach Caregivers
Zumba Badminton Balance for Life Mah Jong Book Club
Knitting Multi Generat
Social Services Lifelong Learning Volunteer

Please visit our project webpage at <https://newcal.projects.nv5.com>

.... or email the project team at newcal@newtonma.gov with thoughts or questions or request to receive future correspondence regarding this project.

Please note: If you are receiving project emails, you are in the database for future project updates!

UPCOMING EVENTS:

Thursday, September 13, 2018 - 7:00PM

Upper Falls (Emerson) Community Center – Gym
45 Pettee Street, Newton Upper Falls
**Executive Building Committee and
Advisory Building Committee Joint Meeting**

Monday, September 17, 2018 - 7:00PM

Newton Library - Druker Auditorium
Come join us for a **Listening Session** and share your thoughts, hopes and dreams for the future facility.

Friday, September 28, 2018 - 12:00-1:00PM

Newton Senior Center (345 Walnut Street)
Dialogue with Director/ Listening Session

Open Office Hours

We want to hear from you!

Open office hours will be every
Friday from 10:00-11:30AM
for the rest of the calendar year.
**Dates and locations will be posted
on the NewCAL project website:**
<http://newcal.projects.nv5.com>

Upcoming Open Office Hours:

Friday, September 7
Senior Center, 345 Walnut Street

Friday, September 14
Lower Falls Community Center
545 Grove Street

Friday, September 21
Upper Falls Community Center
45 Pettee Street



The NewCAL Project Consultant Team
NV5 – Owner's Project Manager
Steffian Bradley Architects (SBA) - Architect



Home Upcoming Events Meeting Agendas Meeting Minutes Presentations NewCAL Project Team Contact Us Q

Home

You are here: Home

Welcome

Thank you for your interest in the Newton Center for Active Living (NewCAL) project!

Note that in an effort to gather as much information as possible and engage the entire community, several listening sessions are planned over the next several months, throughout the City at multiple different venues in the various Newton villages.

Specifically, the following upcoming events are scheduled in September:

- Friday morning Open Office Hours (from 10:00-11:30) - Sept 7, 14 and 21 (see flyer for locations)
- Sept 13 - Executive Building Committee/Advisory Building Committee Meeting - 7:00PM
- Sept 17 - Listening Session - 7:00PM
- Sept 28 - Dialogue with Director/Listening Session - 12:00PM

Note: The new facility will be a community asset, so we are looking for feedback from the entire community!

The Friday Open Office hours are drop-in sessions which will take place every Friday for the remainder of the calendar year (with the exception of select dates in Nov and Dec) at various locations throughout the City. A complete list of all the Friday Open Office hours, with their respective locations, will be available at the EBC/ABC meeting on September 13.

Please click on the "Upcoming Events" tab for the September 2018 flyer update which has more information about these September events, including meeting locations.

In the meantime, please continue to check this project website for updates. Also, feel free to email the project team at newcal@newtonma.gov with thoughts and/or questions regarding this project.

Hope everyone has a wonderful Labor Day weekend and we look forward to hearing from you at upcoming events!

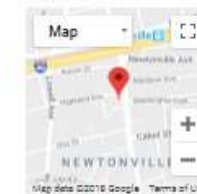
The NewCAL Project Team

Please visit here frequently to keep up with the latest information, design, presentations, and meetings.

Also, please contact us at newcal@newtonma.gov with any questions.



THE CITY OF NEWTON
LOCATION



CLICK BELOW TO VISIT THE
NEWTON DEPARTMENT OF
SENIOR SERVICES WEBSITE



SITE MANAGED BY
NV5

ARCHITECTS
sha



Steffian Bradley Architects

Based in Boston, MA, USA
Established 1932

Our Mission

Designing environments that
enhance people's lives.

Our Sectors

Healthcare
Community Centers
Senior Centers
Senior Living
Residential
Mixed Use
Workplace
Academic
Science & Technology

SBA Team

Key Personnel for Facilities Program Study and Feasibility Study Phases



**Joe Sirkovich, AIA,
LEED AP**
Principal-in-Charge &
Lead Architect/Designer



**Teresa Wilson, AIA,
LEED AP, FitWel
Ambassador**
Resource Principal &
Programming/Planning



**Tony Miniscalco, AIA,
LEED AP**
Project Manager



**Eddie Widofsky, AIA,
LEED AP BD+C, MCPPO**
Resource Principal &
Design for the Aging Sector
Leader



Boston Univ. – Hillel House

SBA - Our Experience

Senior Centers, Community Centers & Community Spaces



Atria Marland Place



Atria Marland Place



Atria Marland Place



Boston Univ. – Hillel House



Boston Univ. – Hillel House



Lexington Community Center



Lexington Community Center

SBA - Our Experience

Senior Centers, Community Centers & Community Spaces



Brooksby Village Peabody



Brooksby Village Peabody



Linden Ponds Hingham



BU Hillel House



Roxbury Tenants of Harvard



Linden Ponds Hingham



Linden Ponds Hingham

SBA - Our Experience – Lexington Community / Senior Center

Senior Centers & Community Centers & Community Spaces



SBA - Our Experience – Lexington Community / Senior Center

Senior Centers & Community Centers & Community Spaces



SBA - Our Experience – Design Process

Original Lexington Senior Center

Senior Centers & Community Centers & Community Spaces

Understanding the Current State

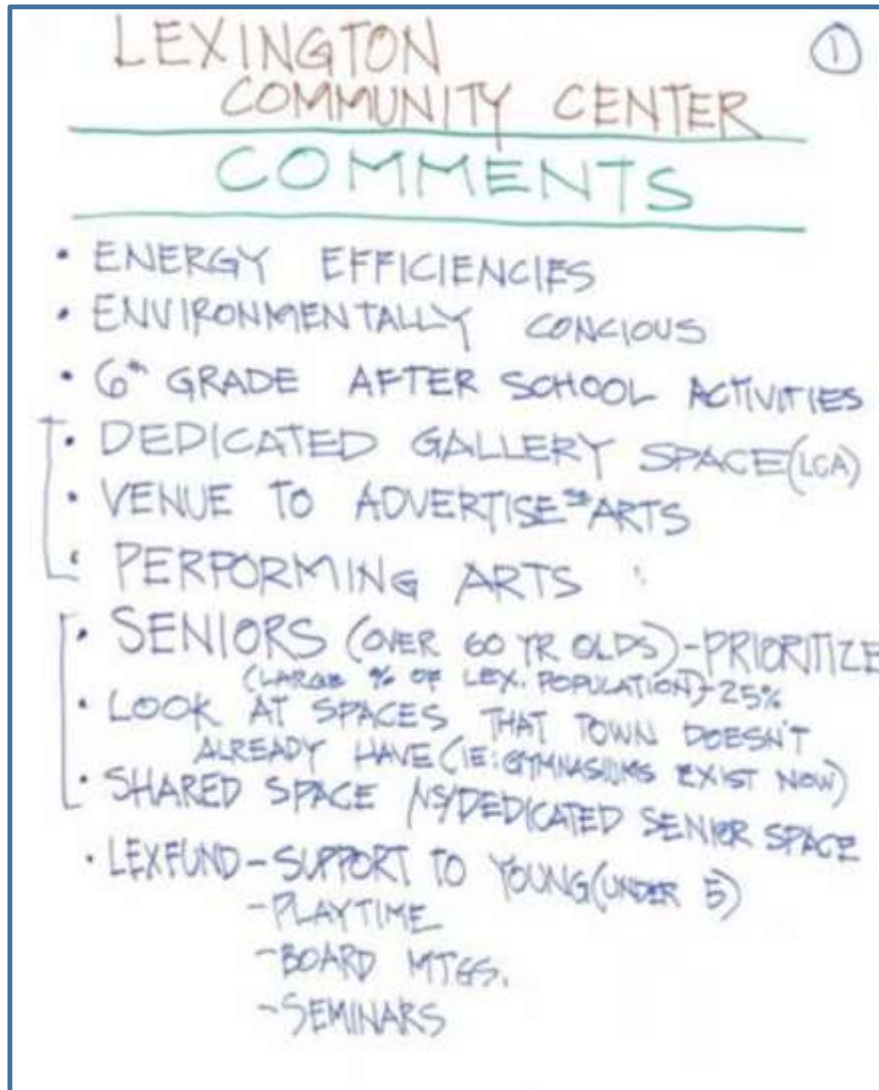


Lexington Senior Center – Existing Conditions Assessment

SBA - Our Experience – Design Process

Lexington Community / Senior Center

Senior Centers & Community Centers & Community Spaces



Town Meetings

Presentation to the Town of Lexington Residents

Senior Concerns (7)

- Consider existing town facilities and services in comparable communities
- How will shared space work?
- Be careful not to pigeon hole spaces (refers to teen spaces also) don't forget the seniors
- Focus on community spaces not offices
- Would like to continue fix-it shop, 2nd time around shop and library space for seniors
- Natural light important for senior activities in multipurpose rooms and places for cards and puzzle
- OWEL – Older Wiser Educational Learners, 20-60 people attend lecture series

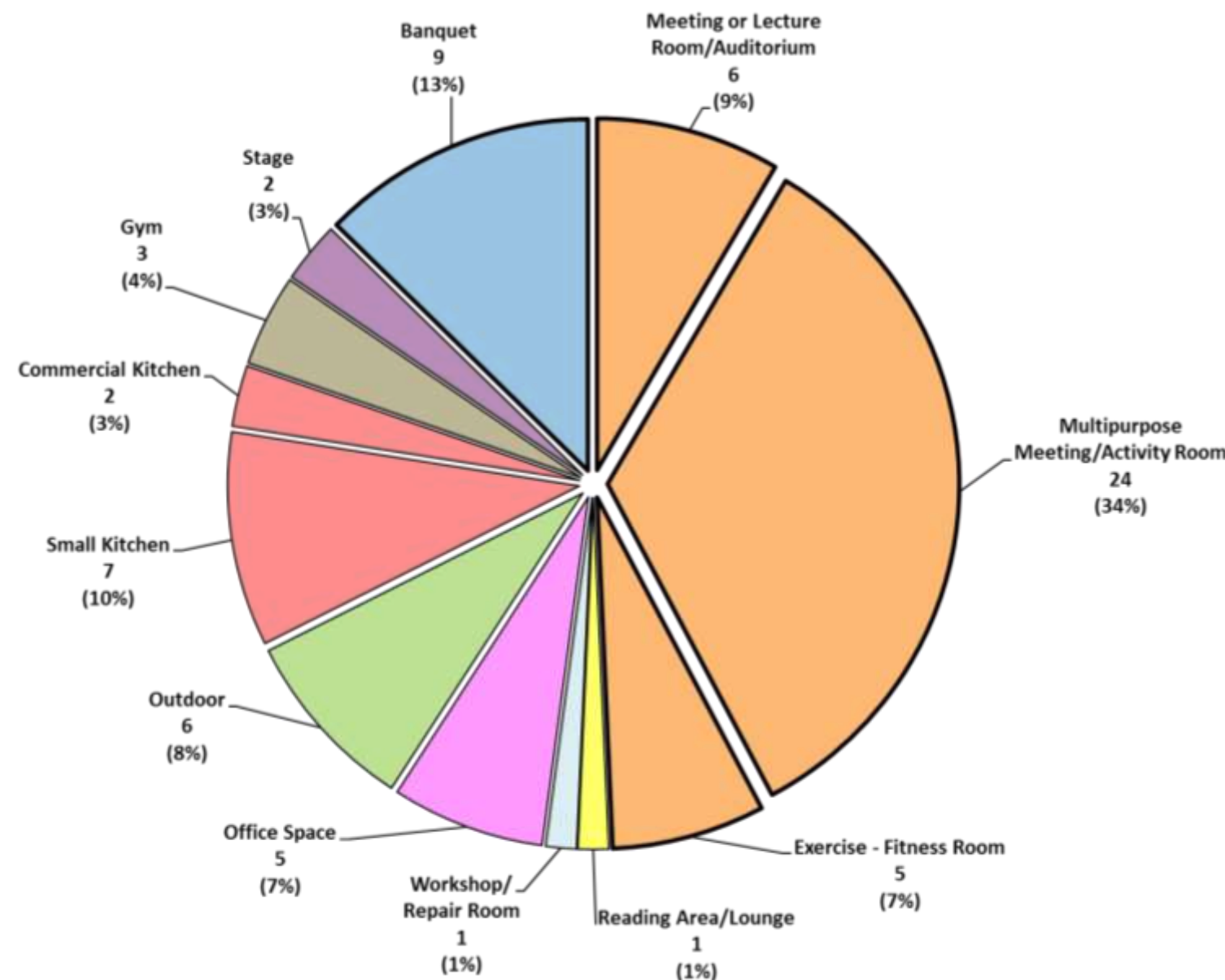
SBA - Our Experience – Design Process

Lexington Community / Senior Center

Senior Centers & Community Centers & Community Spaces

Questionnaire – Lexington

34 Distributed, 22 Responses



Most Requests

- Multipurpose Meeting/Activity Room
- Auditorium Style Meeting Space
- Exercise/Fitness Room
- Banquet Hall Seating
- Kitchen

Most Requested Size

- 10-40 people
- 120-200 people
- 20-30 people
- 100-200 people
- small, teaching & commercial

Other Requests

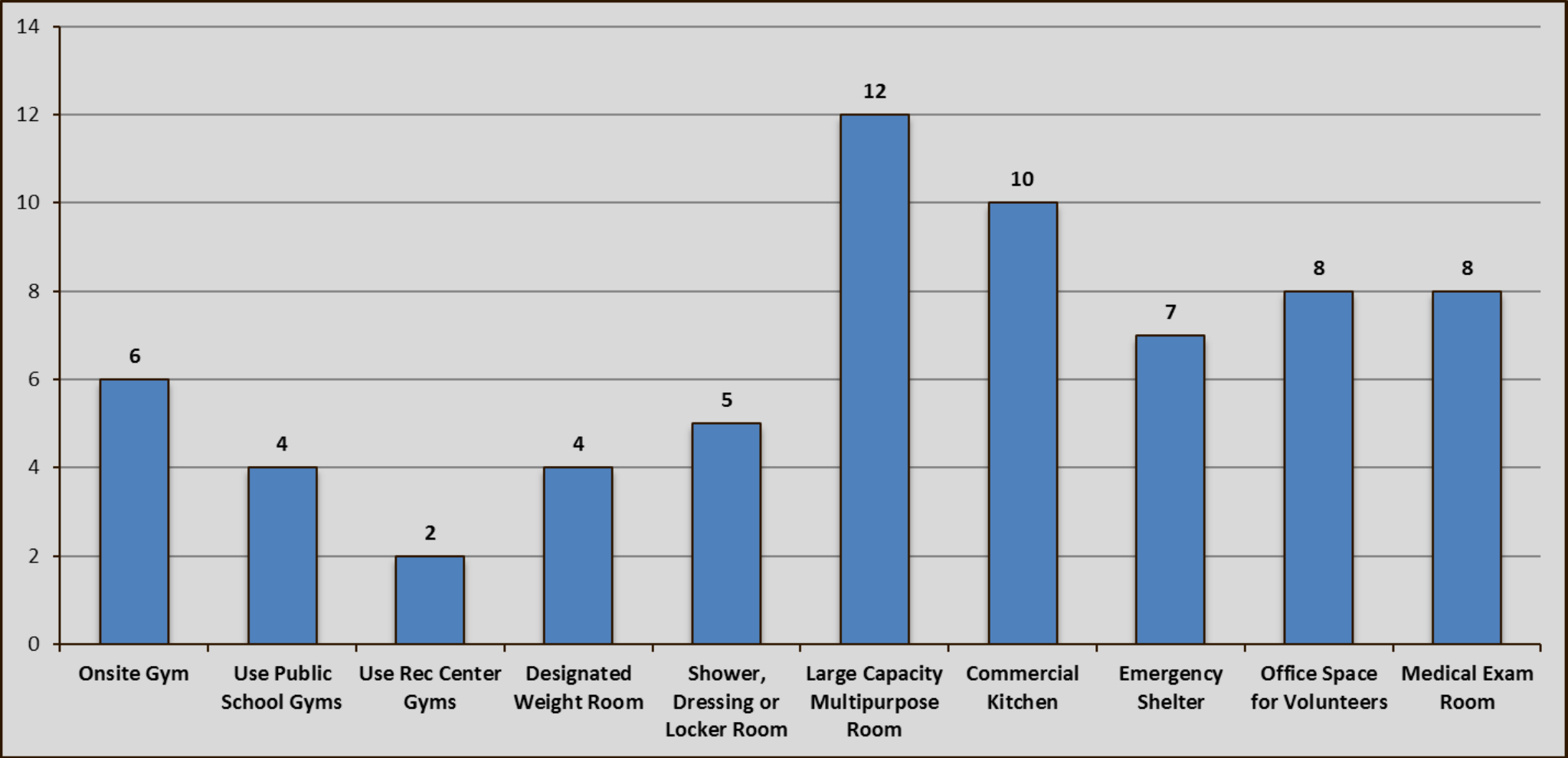
- Gym
- Outdoor Activity Space
- Office Space
- Performance Stage
- Reading Area/Lounge
- Community Workshop Space

SBA - Our Experience – Design Process

Lexington Community / Senior Center

Senior Centers & Community Centers & Community Spaces

- Bedford
- Belmont
- Chatham
- Concord
- Harwich
- Hingham
- Natick
- North Andover
- Sudbury
- Wellesley
- Westford
- Weston



Comparable Communities Survey

12 Centers Studied

SBA - Our Experience – Design Process

Lexington Community / Senior Center

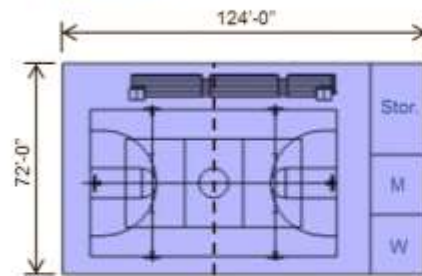
Senior Centers & Community Centers & Community Spaces

Studying Future Options

Kit of Parts

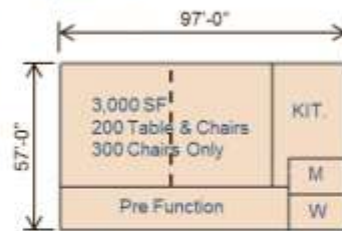
Full Gym / Multi-Purpose

- High School Basketball Court
- (2) Volleyball Courts
- Men & Women Locker Rooms
- Commercial Kitchen & Storage
- 9,000 +/- SF



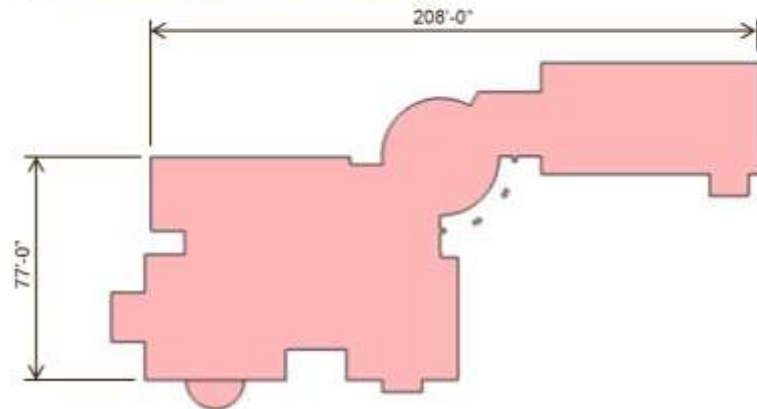
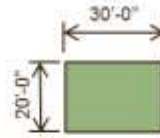
MULTI-PURPOSE:

- Commercial Kitchen
- Pantry & Storage
- Men & Women Restrooms
- Banquet Room with Platform
- 5,500 +/- SF

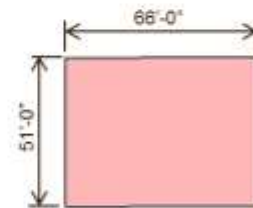


Potential Greenhouse:

- 600 +/- SF

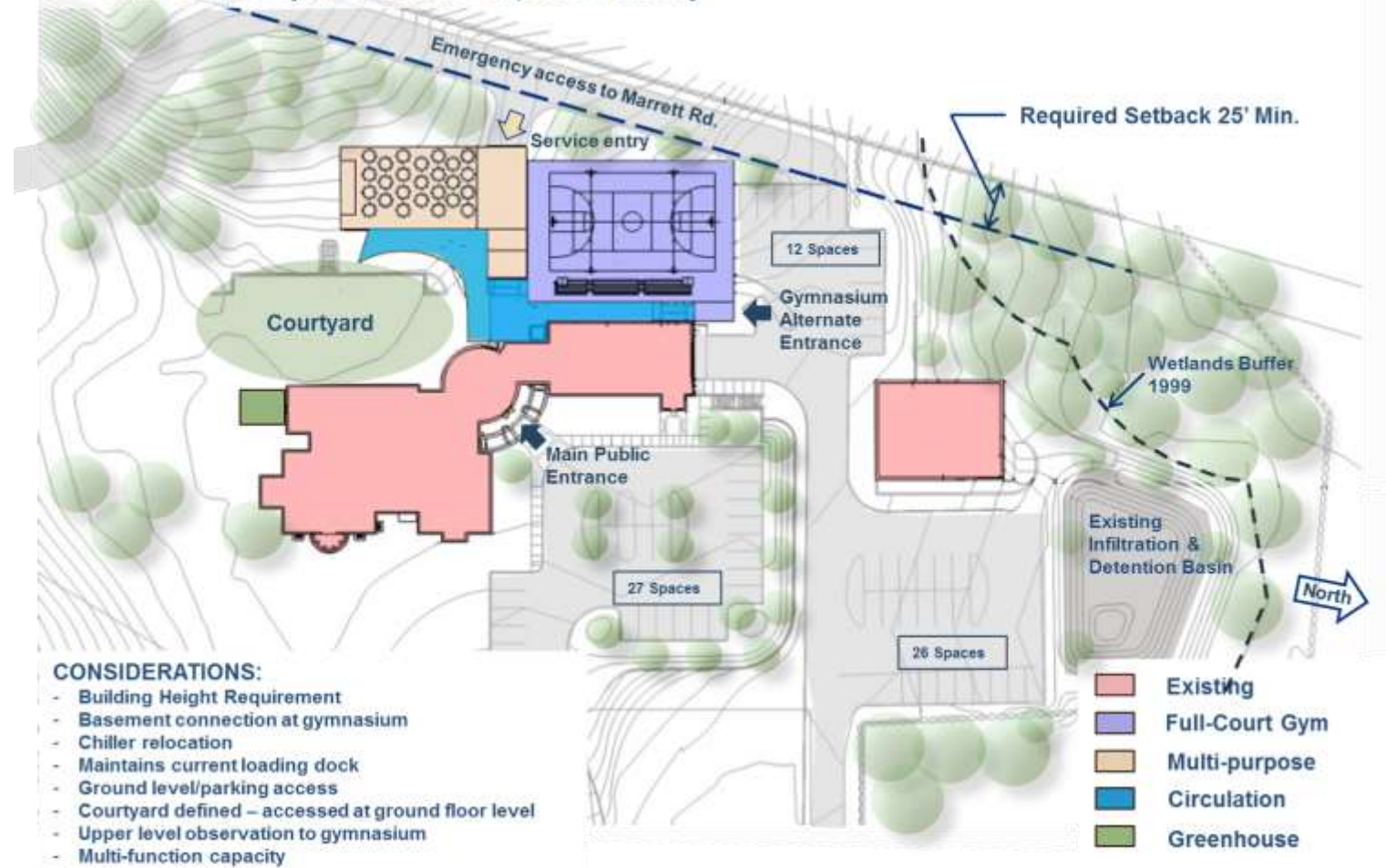


EXISTING FACILITY
12,000 +/- SF/Fir.



CARRIAGE HOUSE
3,400 +/- SF

Full-Court Gym & Multi-Purpose Facility



NewCAL

Newton Center for Active Living

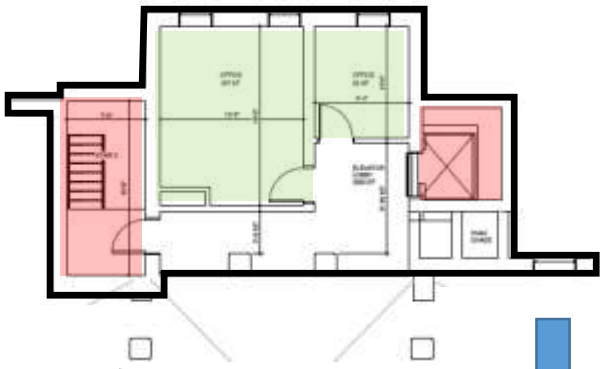
Work to Date

NewCAL — Newton Senior Center Current State: Preliminary Plan Confirmation

Total: ~8,830 Net Building Area ~9,850 Gross Building Area

Mezzanine

~730 Net Building Area
~870 Gross Building Area



1 Reception
- Vendor area



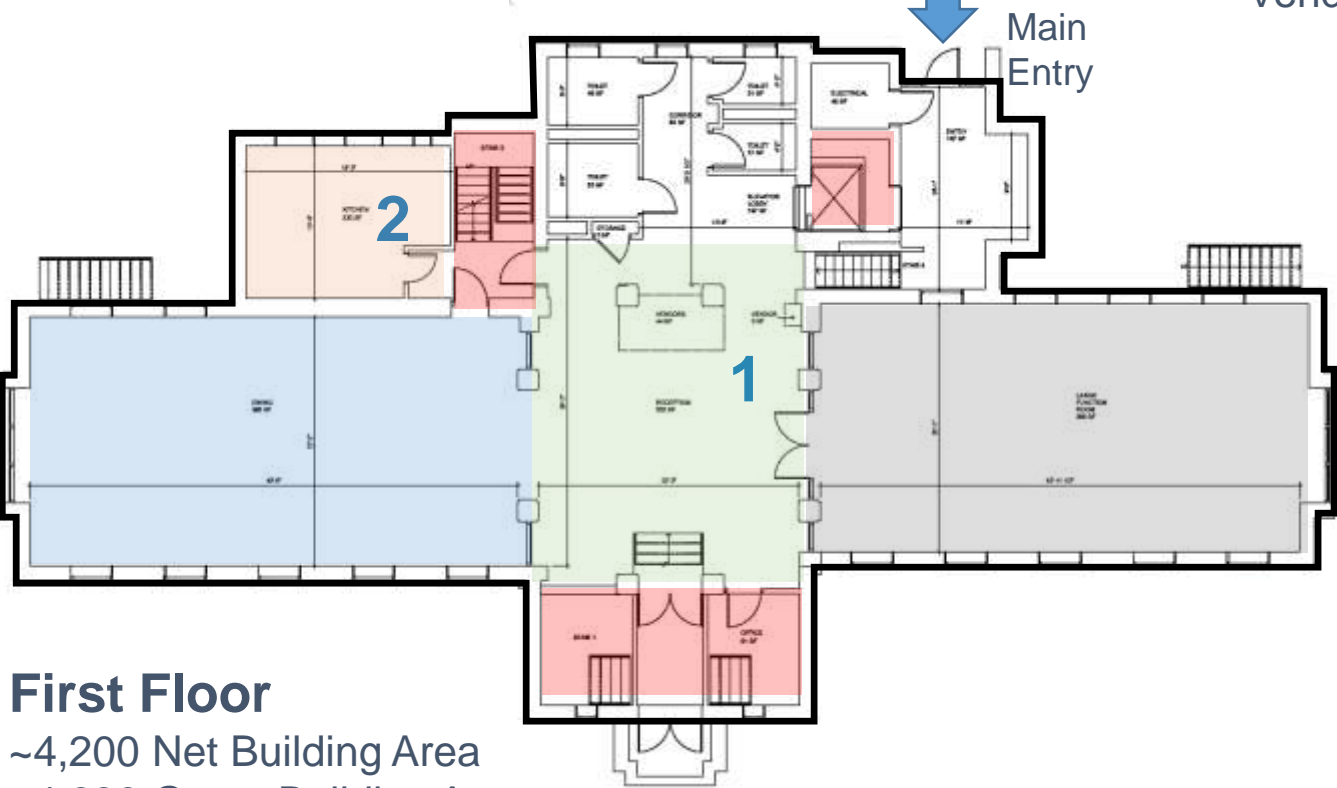
2 Kitchen



3 Computer Room



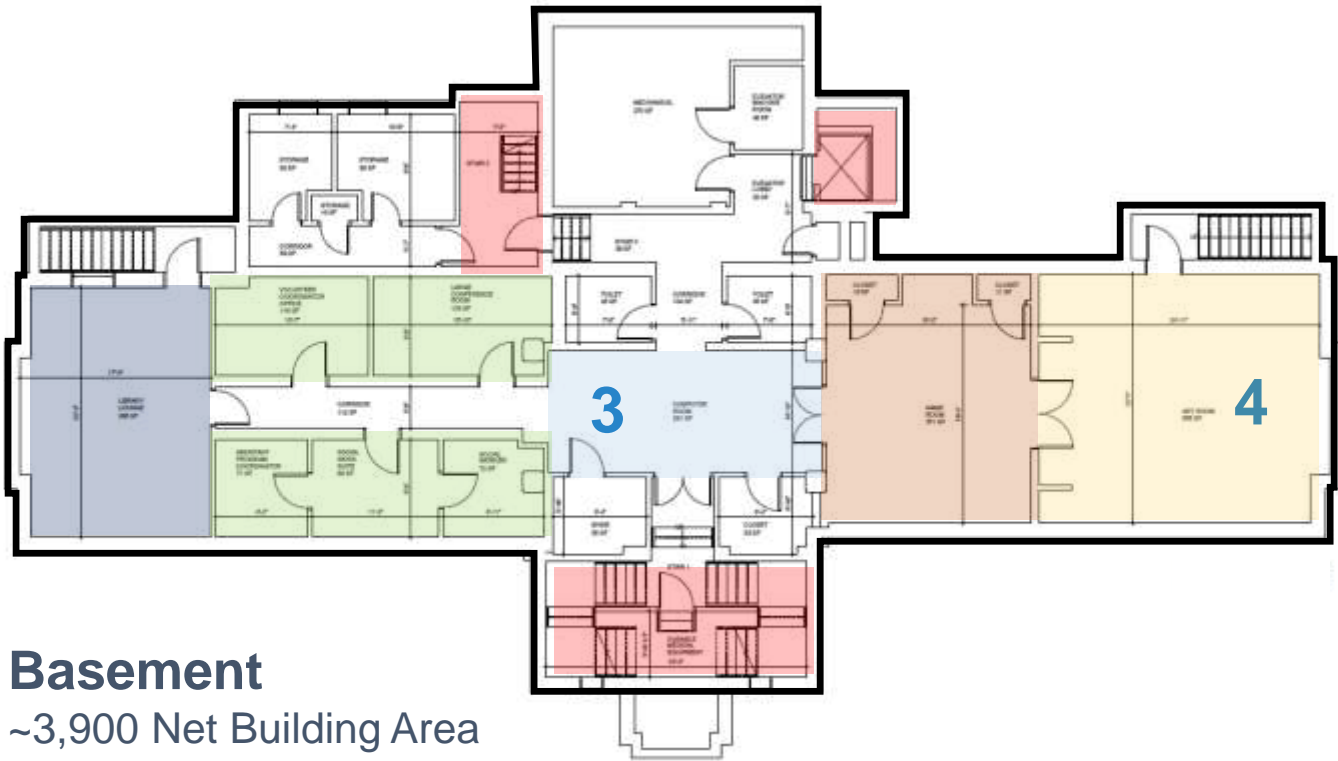
4 Art Studio



First Floor

~4,200 Net Building Area
~4,630 Gross Building Area

Walnut Street



Basement

~3,900 Net Building Area
~4,350 Gross Building Area

Net Bldg Area – inside face exterior wall
Gross Bldg Area – outside face of exterior wall

NewCAL Newton Senior Center – Existing Program Review

Newton Senior Center: Program Space Inventory - DRAFT AREA ANALYSIS

09/04/18

Table 1004.1.2 Maximum Floor Area Allowances per Occupant	Square Ft / Occupant					
	Assembly non fixed Chairs Only: Net	7	Educ. Classrm Area: Net	20	Library Reading: Net	50
	Assembly Standing: Net	5	Educ. Shops/Voc: Net	50	Locker Rms: Gross	50
	Assembly tables & chairs: Net	15	Exercise Rms: Gross	50	Stages/Platforms: Net	15
	Business Areas: Gross	100	Kitch. Commer.:Gross	200	Storage/Mech.: Gross	300

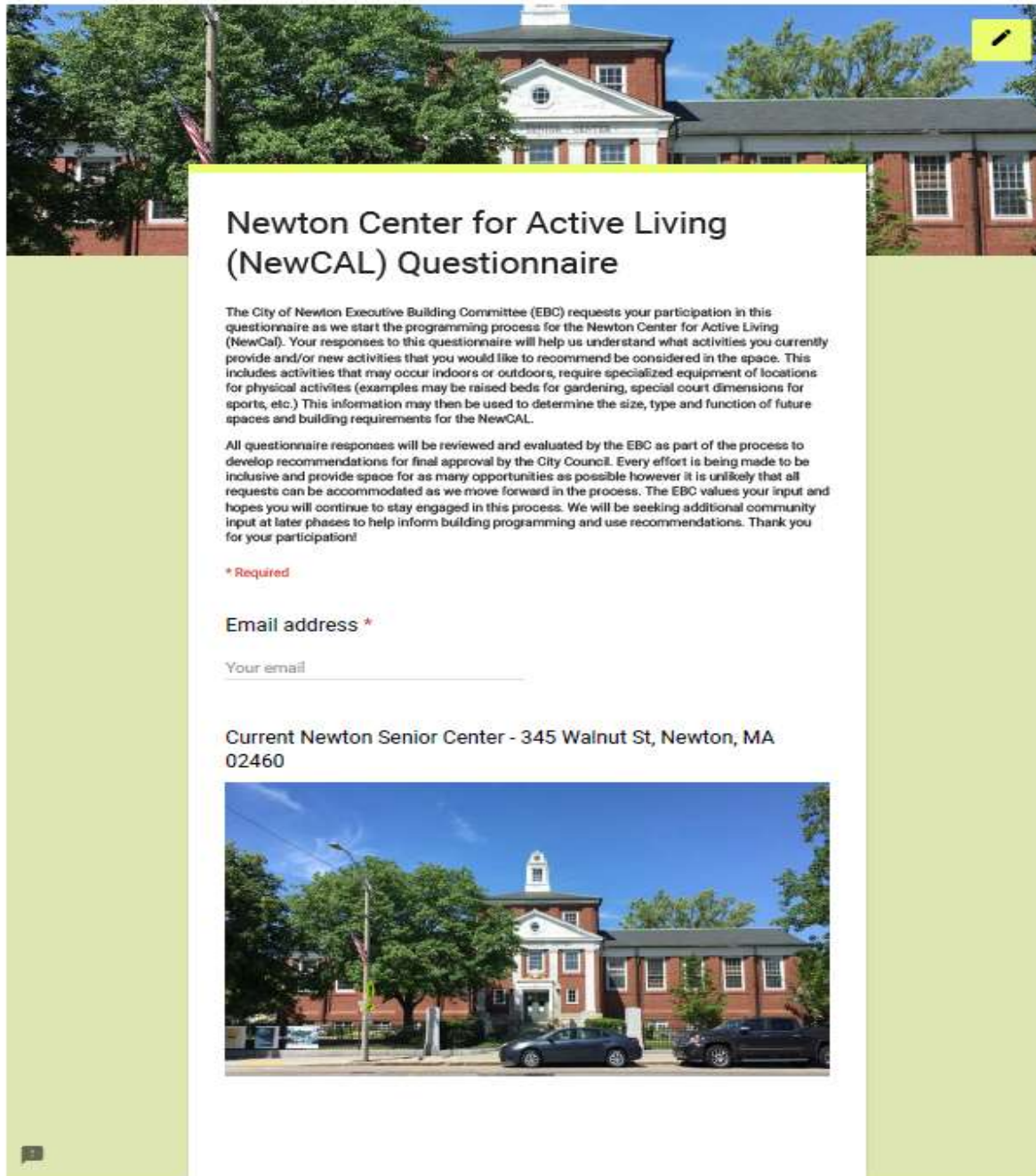
Red Font - Confirm type of Space and accommodations needed

* More 49 People Requires 2 Egress Doors

May exceed Max. Floor Area Allowance per Occupant

Time/Day	Day	Room	Activity	Type	# of Participants *	Max Floor Area Allowance per Occupant (sf)	Existing Room Size (sf) TO BE VERIFIED	Max Occupancy for Existing Room based on Existing Room Size (number of people*)	Min Area Room Req for #Part. Based on Floor Area Allowance per Occupant (sf)
9:00am - 4:00pm	Mon	1st Floor Lobby Area	Store			est 50 sf/table+circ.			
9:00am - 4:00pm	Tues	1st Floor Lobby Area	Store			est 50 sf/table+circ.			
9:00am - 4:00pm	Tues	1st Floor Lobby Area	Store			est 50 sf/table+circ.			
9:00am - 4:00pm	Wed	1st Floor Lobby Area	Store			est 50 sf/table+circ.			
9:00am - 4:00pm	Thurs	1st Floor Lobby Area	Store			est 50 sf/table+circ.			
9:00am - 4:00pm	Fri	1st Floor Lobby Area	Store			est 50 sf/table+circ.			
10:00am	Mon	Art Room	Introductory Water color	Art	12+	20	568	28	240
9:30am	Wed	Art Room	Drawing and Painting Open	Art	12+	20	568	28	240
10:30am	Thurs	Art Room	Ceramics I	Art	15	20	568	28	300
12:30pm	Thurs	Art Room	Ceramics II	Art	15	20	568	28	300
9:00pm - 4pm	All	Basement Computer Lab	Open Computer	Education/Recreation		20	TBD		
Various by appt	Various	Basement Computer Lab	Vigorus Minds	Education		20	TBD		
Various by appt	Various	Basement Computer Lab	Computer Tutorials	Education	1 to 1 (up to 3 pairs at a ti	20	TBD	6	20
9:30am-11:30am	Tues	Large Conference Room	MetroWest Legal Clinic	Supportive Services	1 to 1 meeting	LOCATION ON PLAN TBD	163		
	Thurs,1month	Large Conference Room	Short Story Group	Education		LOCATION ON PLAN TBD	163		
Feb -April	Various	Large Conference Room	AARP TAX Support	Supportive Serv mid Feb-mid April	6+ computer/printers	LOCATION ON PLAN TBD	163		
	Fri,1xmonth	Large Conference Room	Book Club	Education		LOCATION ON PLAN TBD	163		
5:30pm - 8:30pm	Wed	Dining Room	Job Seekers Support	Supportive Services	20+	15	1032	69	300
1:00pm	Fri	Dining Room	Bingo	Recreation	10+	15	1032	69	150
11:45am - 12:15pm	Mon	Dinning Room	Lunch	Nutrition	12+	15	1032	69	180
1:00pm	Tues	Dinning Room	Bingo	Recreation	12+	15	1032	69	180

NewCAL Questionnaire – Newton, Listening to the Community



Newton Center for Active Living (NewCAL) Questionnaire

The City of Newton Executive Building Committee (EBC) requests your participation in this questionnaire as we start the programming process for the Newton Center for Active Living (NewCAL). Your responses to this questionnaire will help us understand what activities you currently provide and/or new activities that you would like to recommend be considered in the space. This includes activities that may occur indoors or outdoors, require specialized equipment or locations for physical activities (examples may be raised beds for gardening, special court dimensions for sports, etc.) This information may then be used to determine the size, type and function of future spaces and building requirements for the NewCAL.


All questionnaire responses will be reviewed and evaluated by the EBC as part of the process to develop recommendations for final approval by the City Council. Every effort is being made to be inclusive and provide space for as many opportunities as possible however it is unlikely that all requests can be accommodated as we move forward in the process. The EBC values your input and hopes you will continue to stay engaged in this process. We will be seeking additional community input at later phases to help inform building programming and use recommendations. Thank you for your participation!

*** Required**

Email address *

Your email

Current Newton Senior Center - 345 Walnut St, Newton, MA 02460



Please complete this survey once for each existing, requested, or future activity. There will be a link after you submit each one that will allow you to begin another.

What is the name of your organization and who does it serve? *

Your answer

Who is the primary contact for follow-up questions at this email address? *

Your answer

Is this activity that you would like in NewCAL an existing or future/requested activity? *

- ☐ Existing activity
- ☐ Future/requested activity

NEXT

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Google Forms

NewCAL Senior Center Site Tours



Newton Council on Aging – The Senior Center

345 Walnut Street, Newton, MA

- ~ 9,850 sf (2 1/2 flrs.)
- Current Population 2010 Census: 85,146 (87,018**)
- Age 60+ population 2010 Census: 18,636 (19,230**) 21.8% of Total Pop. (22.1%**)
- SF per Senior over 60 = 0.53 (2010 Census) (.58**)
- Projected Pop. Change over 65 years old from 2010 to 2030: 61% to 63% *



Wellesley – Tolles Parson Center: Wellesley Counsel on Aging 2017

500 Washington Street, Wellesley, MA

- ~ 13,096 sf (2 floors + attic) \$7.2 M project costs (\$9.7M total)
- Current Population 2010 Census: 27,982
- Age 60+ population 2010 Census: 5,429 19.4% of Total Population
- SF per Senior over 60 = 2.4 (2010 Census)
- Projected Population Change over 65 years old from 2010 to 2030: 46% to 48% *



Needham Center At The Heights & Council on Aging 2013?

300 Hillside Avenue, Needham, MA

- ~ 20,000 sf (2 flrs + partial base.) \$ cost tbd
- Current Population 2010 Census: 28,886
- Age 60+ population 2010 Census: 6,498 22.5% of Total Population
- SF per Senior over 60 = 3.1 (2010 Census)
- Projected Population Change over 65 years old from 2010 to 2030: 57% to 59% *



Marlborough Council on Aging and Senior Center 2015

40 New Street, Marlborough MA

- ~ 23,000 sf (2 floors) \$6.5 M construct.cost (tbd)
- Current Population 2010 Census: 38,499
- Age 60+ population 2010 Census: 6,703 17.4% of Total Population
- SF per Senior over 60 = 3.5 (2010 census)
- Projected Population Change over 65 years old from 2010 to 2030: 85% to 88% *

* MAPC – Metropolitan Area Planning Council, **Based on City of Newton Demographics web site

NewCAL Sample Site Evaluation: Marlborough COA and Senior Center – Site Visit Notes

Hours	Monday - Friday 8:00 am to 4:00 pm, Tuesday to 7:00 pm
Number of people per day	200 (will open to 50 year olds in the fall)
Senior Center Only	Yes, built on municipal land so did not included in project costs
Welcome Desk Visible as enter	Yes
Administrative Suite	Yes, 5 offices, copy area and Staff Toilet behind Welcome Desk
Stairs	Yes, one run with intermed landing - could be daunting if mobility issues
wall - protection, handrails/lean rails	wood chair rail, no hand or lean rail, no corner guards
Seating Alcoves	yes, 1st floor
Fitness Center - Exercise Machines/Weights	Yes, approx 8 machines
Dance Floor	no
Exercise Room / Yoga, Zumba, etc.	Occurs in Multi-purpose rooms throughout
Pool Tables - Size/Number	2 pool tables in room with glass front wall (orig designed as fitness center but considered too visible
Ping Pong Tables - Size/Number	no
Convenience Shower/Toilet Room	yes, 1st floor
Dining Room	yes, large room, need more info
Meals per day	yes, local restaurant comes in 3 times week, can serve 150 at 8 person round tables, lunch for 20-48 people per day
Commercial Kitchen	Yes,
Warming Kitchen	
Catering Kitchen	
Teaching Kitchen	
Café	?
Rental Facilities	yes, large room but cannot rent kitchen
Multipurpose Rooms	storage closets in room or near in corridor, coat alcoves in corridor
Number of MP rooms	1st floor large dividable room (arts/crafts & Exercise) (2) , 1 very large mp room for dining, large open space on 2nd floor will be subdividing into rooms in fall
Largest Size/Capacity/dividable)	size tbd,
Stage	yes, built in - lesson learned: should be on opposite side of kitchen
Art Rooms - Specific Equipment	Yes, first floor
Dedicated Rooms	computer lab first floor
Store/Resale Shop	yes - close to entrance
Drop in Space - Unprogrammed	yes, 1st floor reading/fireplace
Dedicated Volunteer Space	?
Storage Rooms Adequate	yes
Offices	Veteran's office & conf room first floor
Counseling Social Service Spaces	1 st floor?,
Medical Exam Rooms	Yes, Wellness room
Medical Equipment Storage	Yes, separate closet
Exterior Program Spaces	Large patio with BBQ and covered table area, adjacent to public park to share services, bocce and horse shoe, greenhouse to be build on property
Other Spaces of Note:	
Serves as Emergency Shelter with generator	Yes, large emergency generator(s)
Used for Other Purposes	day program - memory/dementia patients 4 hours/1 day per week
Security	cameras with monitoring at police station
Other Features	Staff break room 1st floor

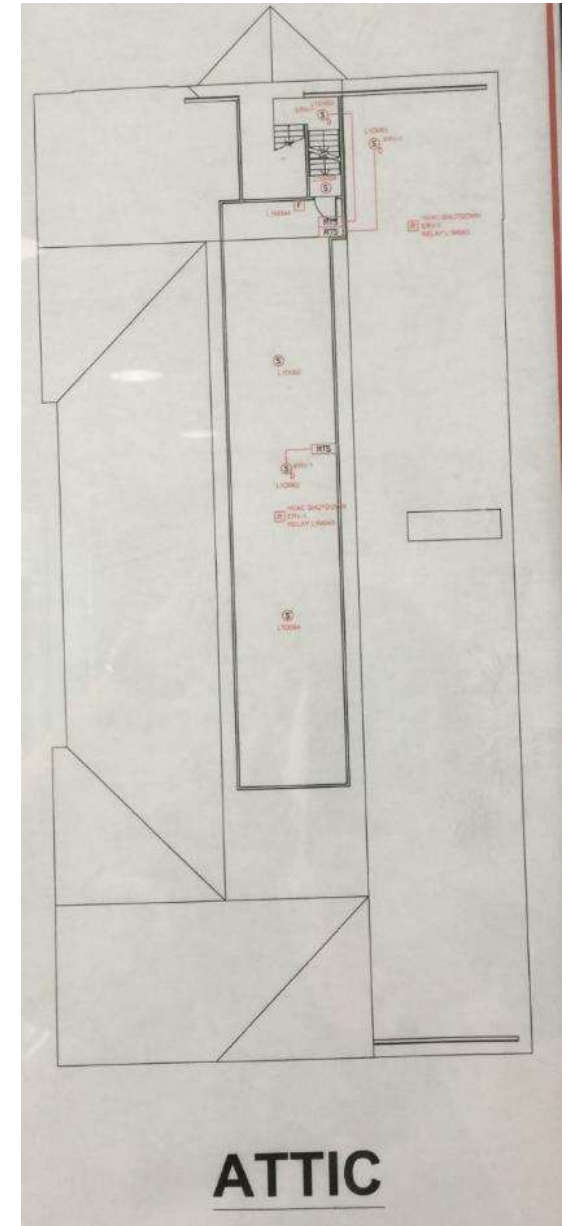
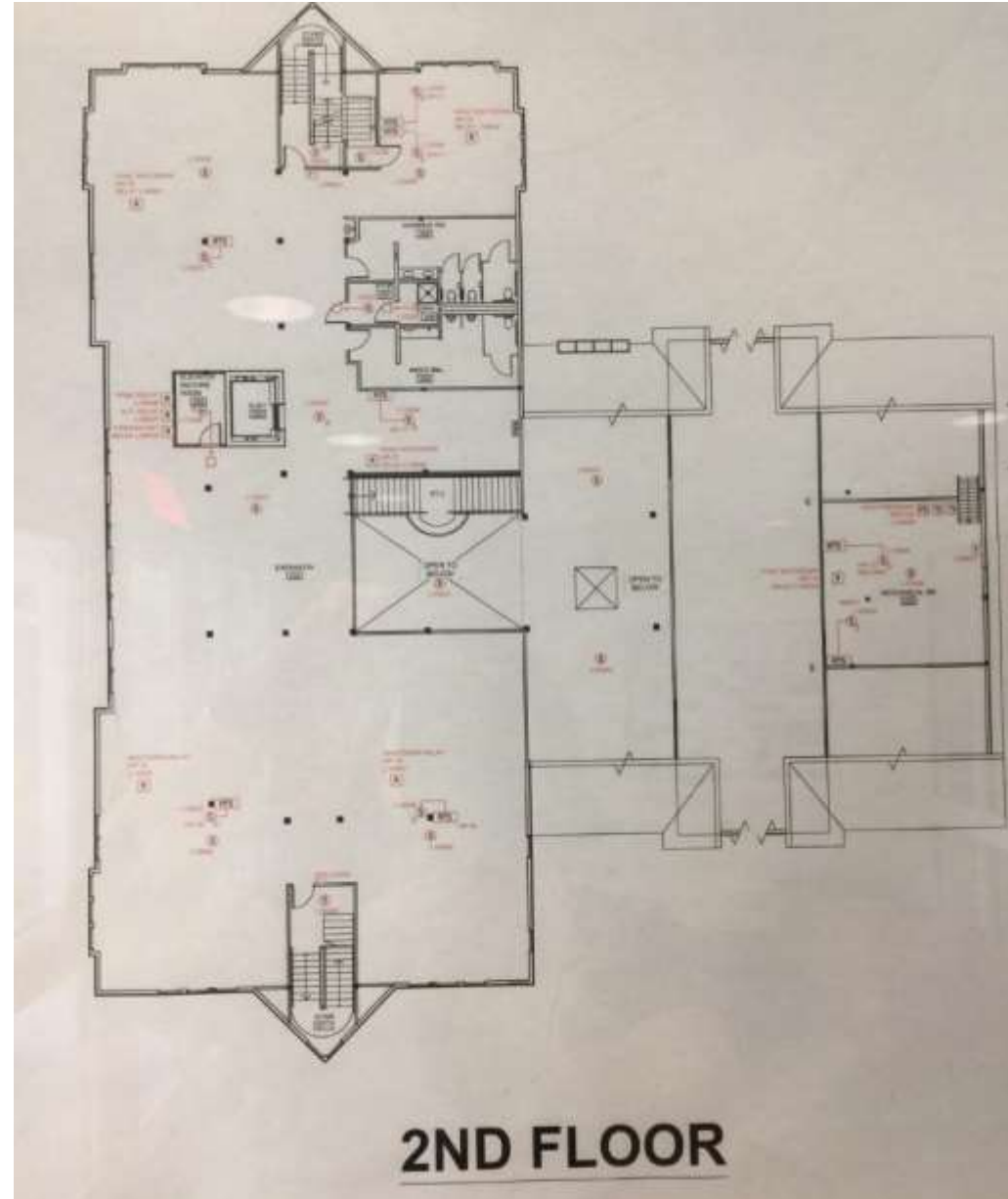


Overall Impression – a large center adjacent to public park land to share amenity spaces. Welcoming spaces on first floor with view of outdoor patio and park as you enter the building.

Took time to understand community needs and budget before building out second floor.

Lessons learned – permanent stage may limit flexibility in large multipurpose room and do not locate kitchen on same side as stage/performance area to avoid cross traffic in busy areas

NewCAL Sample Site Evaluation: Marlborough COA and Senior Center – Floor Plans



NewCAL Sample Site Evaluation: Marlborough COA and Senior Center – Notable Features



Welcoming Front Desk as you walk in the door



Donor Tree



Covered Patio facing park



Pool table in former Fitness room – use changed when seniors felt too visible while exercising



Stage located near kitchen entry



Kitchen access from dining area and exterior

NewCAL Sample Site Evaluation: Marlborough COA and Senior Center – Notable Features



Large stair near elevator to encourage use, may be daunting to those with mobility issues.



Overlook landing on stair. A lot of space behind reception desk



Coat Alcoves in Corridors



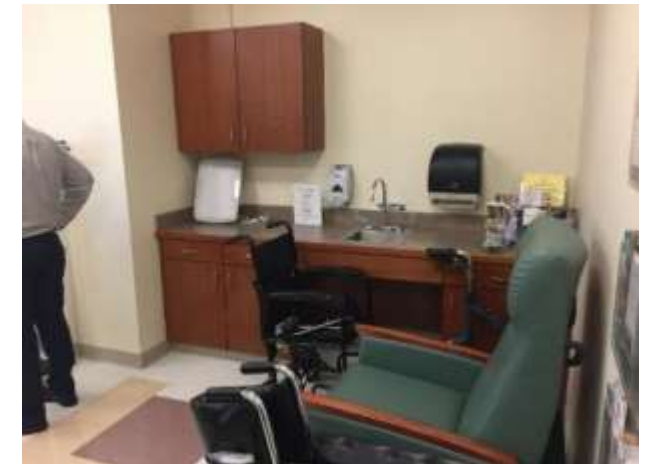
First floor Store, simple chair rail trim – no grab bars



Open area on second floor to have walls built soon



Medical Equipment Storage



First Floor Wellness Room

- Over 250 individual conversations from participants so far !

Questions about current Newton Senior Center Experiences

1. If you were trying to convince someone to come the Newton Senior Center for the first time, what would you say?
2. If you visit the Newton senior center – why do you come and how often?
 - a. What are some of your positive experiences?
 - b. Where is there room for improvement?
 - c. What do you enjoy the most?
 - d. What would you like to see?
3. If you have not visited the Newton Senior center – why not?
4. Do you visit senior or community centers in other towns?
 - a. What do you like about these centers?
 - b. What didn't you like?

Questions about hopes for the future Newton Center for Active Living

5. What do you think will make the Newton Center for Active Living a success?
6. Are there spaces around town of spaces that you think are good examples to inform the design of the NewCAL? Indoors or outdoors?
7. Would you be interested in participating in NewCal activities in different locations within Newton?
8. What do you feel would make programs attractive to a wider range of ages?
 - a. What do you think would be the benefits of having mixed ages in the center or activities?
 - b. How much interaction / integration between generations should there be?
 - c. What types of activities could be integrated and what should be separated?

NewCAL Sample Responses to Listening Sessions

If you were trying to convince someone to come the Newton Senior Center for the first time, what would you say?

- Quality activities, nice people, books
- Variety of programs
- Volunteer opportunities
- Very welcoming
- Great exercise classes and teachers
- Eating lunch here saves money
- Good case management (answers to referral questions)

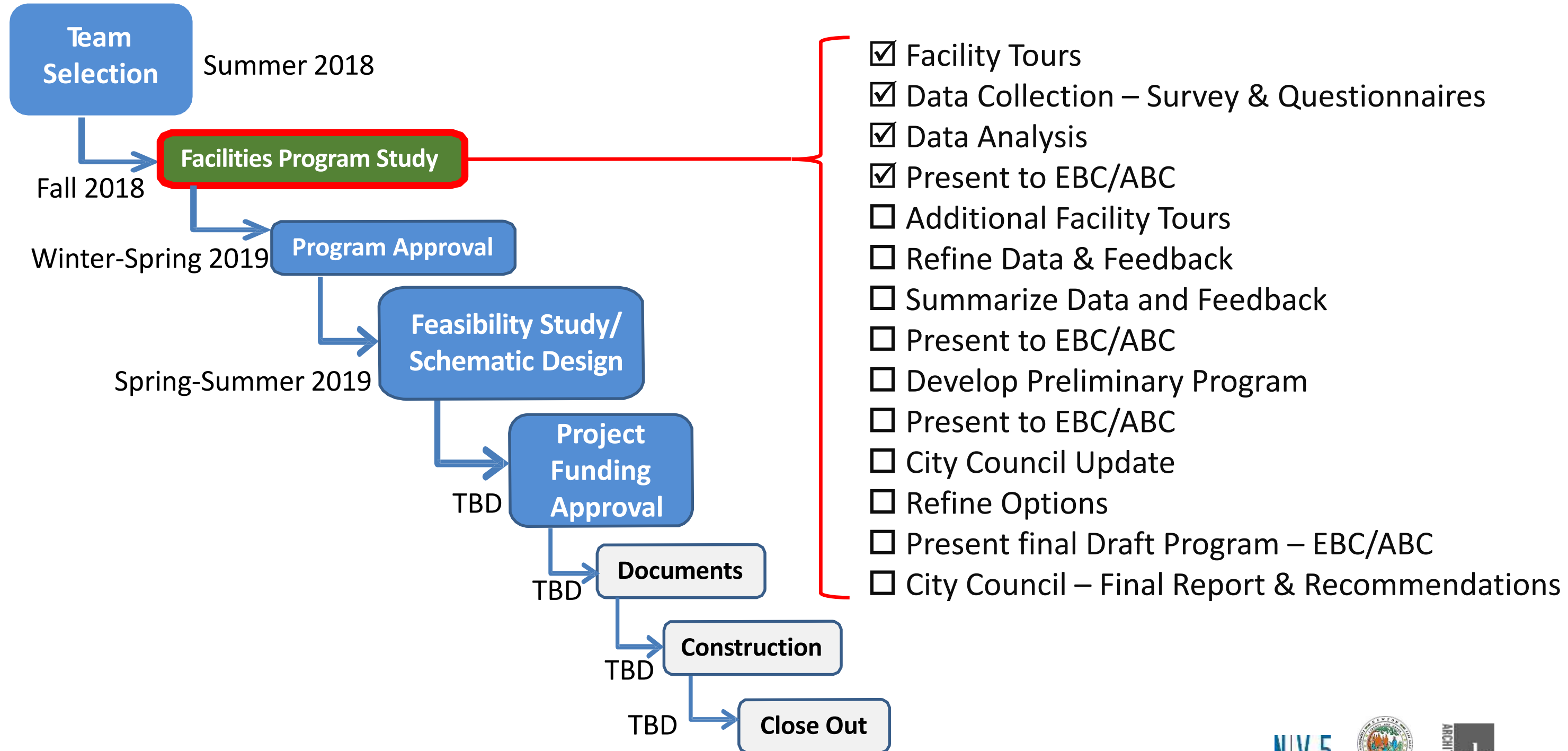
What do you think will make the Newton Center for Active Living a success?

- Some quiet rooms
- Discussion groups such as sports, stock market, current events
- Flexible space
- Dedicated senior programs space

Features seen in other centers or that are desired:

- Library – quiet space – inexpensive shelving – books to borrow
- Café area – other than dining room - near reading area (quiet space)
- Vestibules – lockers – cubbies in Art Room for art projects
- Details: stair treads, chair molding, chair rail along hallways
- Long open coat racks outside bathrooms
- Larger exercise space with equipment
- Changing areas – showers – benches
- Academic community – Lifetime Learning - Newton Comm. Ed.
- Lots of parking
- Flexible space
- Separate room for gift shop
- Fireplace
- Wireless available
- Walkway around building
- Podiatrist clinic
- Retail store – Newton swag
- Gathering area for informal activities
- Acoustics
- Storage
- Travel agent – more trips
- Auditorium space – movies
- Social Adult Day Care Program
- Centrally located
- More fee-based programming

NewCAL Project Process



NewCAL Upcoming EBC/ABC Meetings

- **Tuesday, October 9th** **Location TBD**
- **Tuesday, October 23rd** **Location TBD**
- **Tuesday, November 20th** **Location TBD**

NewCAL

Newton Center for Active Living

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Email: newcal@newtonma.org

Thank You !

