

# NewCAL

Design Review Committee

October 12, 2022



# Agenda

- Building Structure
- HVAC Selection
- Plan Updates

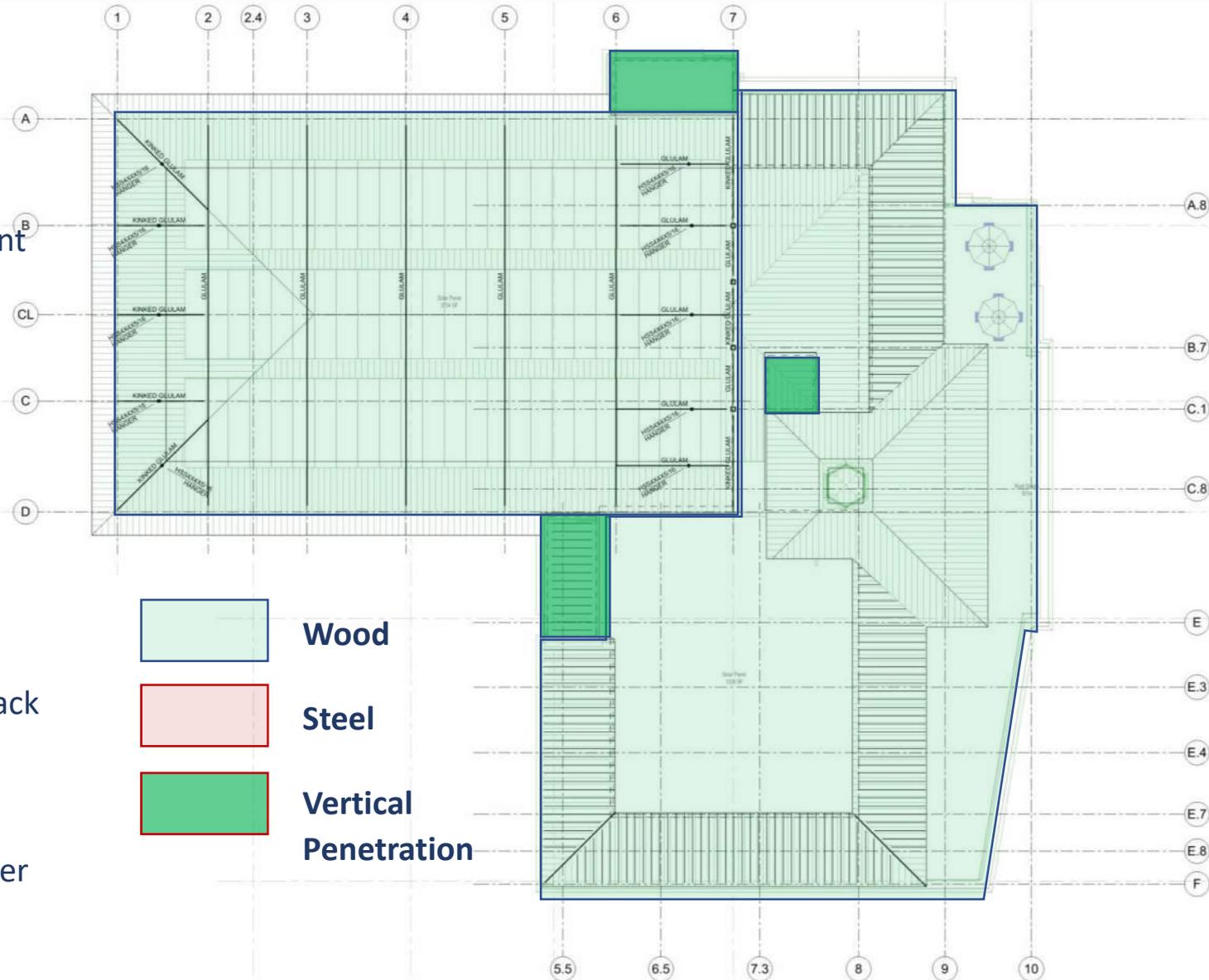
## All Wood Structure Gym and NewCAL

### Pro:

- Least Carbon Building Footprint
- Faster time frame
- Lighter structure requires less foundation loading and less concrete used
- Exposed wood beam/trusses could be a design feature
- Better Thermal Performance

### Con:

- Shorter Span capability
- Complication with Walking Track Support
- Expensive Glu-lam Beams for column free span
- Larger column sizes and Deeper Beams/Trusses generally
- Structure is less stiff



HIGH ROOF FRAMING PLAN  
1/8" = 1'-0"

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PROJECT NAME  
**Newton Center for  
Active Living**  
340 Walnut Street  
Newton, MA 02459

CLIENT  
**City of Newton**

PROJECT TEAM

REVISIONS

DRAWING TITLE

**HIGH ROOF  
FRAMING PLAN**

DRAWING INFORMATION

Issue Date

Date of Issue

Project Name

Revision

As Issued

Scale

Author

Checker

Project Number

Sheet Number

DRAWING NUMBER

**S1.5**

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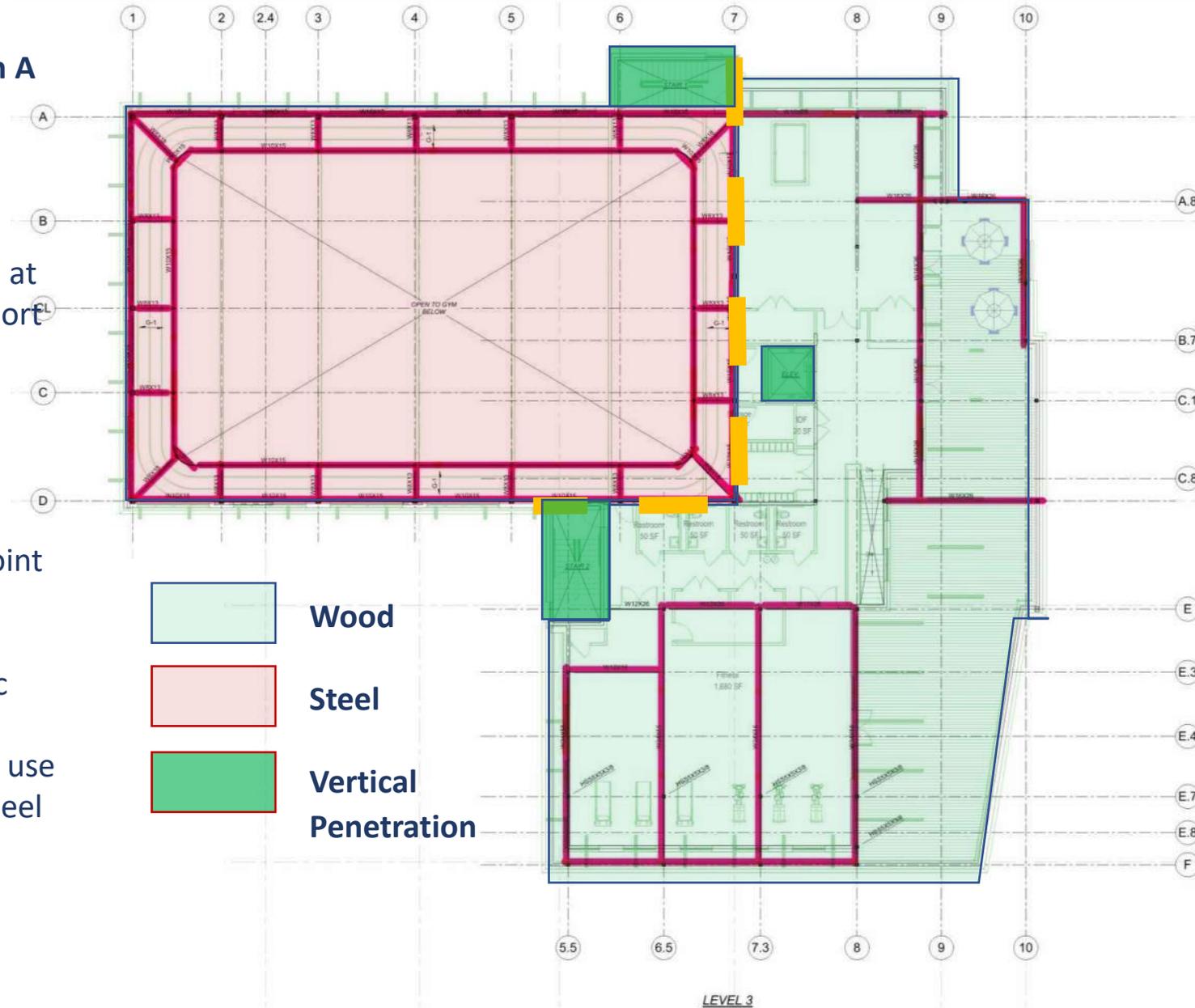
**Mixed Steel and Wood - Option A**  
**Gym - Steel Structure**  
**NewCAL - Wood**

**Pro:**

- Long Span Capability of Steel at Gym and Walking Track Support
- Straightforward Structural system @ Gym
- More Stiff framing at Gym

**Con:**

- Complication of Expansion Joint between Steel and Wood Structure
- Trade Complications in public bidding environment
- Increased concrete and steel use with Composite Deck with Steel Structure



	<b>Wood</b>
	<b>Steel</b>
	<b>Vertical Penetration</b>

LEVEL 3  
MP - FGP

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REVISIONS

DRAWING TITLE  
**THIRD FLOOR FRAMING PLAN**

DRAWING INFORMATION

Issue Date: \_\_\_\_\_  
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 Project Name: \_\_\_\_\_  
 Description: \_\_\_\_\_  
 As Issued: \_\_\_\_\_  
 Author: \_\_\_\_\_  
 Date: \_\_\_\_\_  
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DRAWING NUMBER  
**S1.3**

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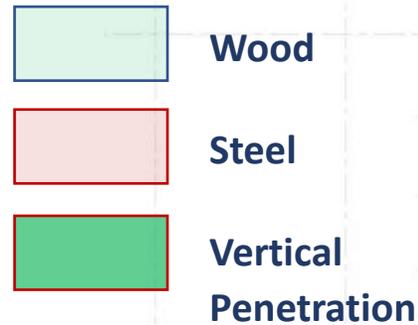
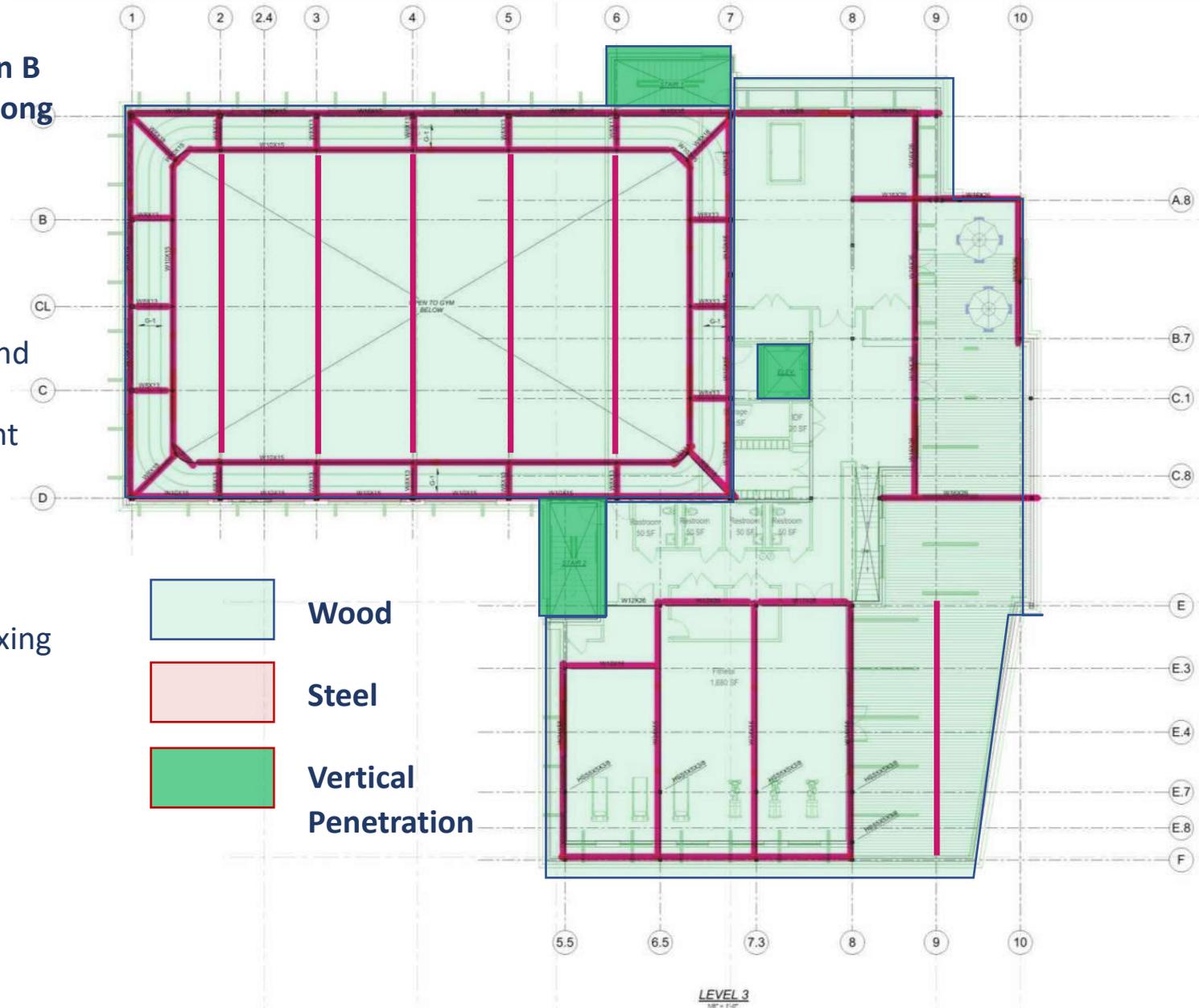
## Hybrid Steel and Wood - Option B Wood Structure with Steel for Long Span Spaces only

### Pro:

- Steel only where needed for Long Span
- No added Composite Deck and Concrete
- Minimize on Carbon Footprint

### Con:

- Complication with Trades mixing Steel Structure within Wood Frame
- C



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As Issued: \_\_\_\_\_ Author: \_\_\_\_\_  
Date: \_\_\_\_\_  
Drawing Number: \_\_\_\_\_  
Project Number: \_\_\_\_\_

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# HVAC Systems

# System Descriptions

## Air-source VRF

- ▶ Air cooled VRF Heat pumps (outdoor)
- ▶ Fan coil units (refrigerant)
- ▶ BC Controller (refrigerant distribution box)
- ▶ Copper refrigerant piping
- ▶ All system controls by VRF manufacturer
- ▶ Single system provides simultaneous heating and cooling to different zones
- ▶ System operates to -13° F outdoor air temp. No supplemental heat required

## Air-Water Heat Pump/Chiller

- ▶ Air source water chillers (outdoor)
  - ▶ 2 systems, 1 for heating, 1 for cooling
- ▶ Fan coil units (hydronic, 4-pipe)
- ▶ 4-pipe system (hot and chilled water) Steel or copper pipe
- ▶ 3<sup>rd</sup> party controls to integrate all system components (heat pumps/chillers and fan coil units)
- ▶ System operates down to 0° F outdoor air temp. Supplemental heat required (electric boiler)

# Relative First Costs

## VRF Heat Pump (Air Source)

### Lowest

- Less expensive equipment
- No pumps
- 2-pipe system (1 set pipes to do simultaneous heating or cooling)
- Smaller, flexible copper piping with minimal joints
- Simpler pipe insulation
- Integral/package control system

## Air-Source Heat Pump Chiller

### Higher

- More expensive equipment
- Requires pumps and control valves
- Requires multiple/redundant chillers to provide simultaneous heating and cooling.
- Requires 4-pipe distribution (2 sets of piping to do simultaneous heating and cooling)
- Piping is larger with many more joints.
- Insulation is thicker and more expensive
- Requires a supplemental electric boiler for low outdoor temperature operation
- Requires separate control system

## VRF Heat Pump with Geothermal

### Highest

- VRF water-cooled equipment slightly more expensive than air-cooled VRF system
- The piping, insulation and controls are the same as the base VRF system
- The main extra cost is the wells and pumps

## Big Picture Energy Comparison

- Many variables and lack of manufacturer data make a definitive comparison of the efficiencies is difficult without detailed energy design and energy analysis
- Both types of systems use the same technology (refrigerant compressors) and extract heat from or reject heat to the same temperature source (outdoor air), and therefore *should have similar efficiencies*
  - VRF (air cooled) heating and cooling efficiencies vary by outdoor air temperature
  - Air-water heat pump heating and cooling efficiencies vary by outdoor air temperatures AND supply water temperature
  - Air-water heat pumps require pumps which cost more energy for the system, which is not captured in the equipment efficiency ratings
  - The VRF system can “move” heat within the system from zone that are in cooling to zones that need heating. AHP can't.
- To get a definitive energy comparison a detailed energy model would be required. And the design for both systems would need to go further than schematic design level.
  - Equipment selections (VRF units, chillers, pumps, etc.)
  - System operating conditions (chiller heat pump system)
- One certainty - VRF with Geothermal is the premium efficiency system.
  - Heat pump extracts heat from 50°F earth instead of 6°F air

VRF (Air) COP = 3.46  
@ AHRI conditions  
(47°F)

Chiller Heat Pump  
(Air) COP  
= 2.6 @ 25°F  
ambient @ 105°F  
HWS  
= 1.8 @ 25°F  
ambient @ 140°F  
HWS

VRF (Geo) COP =  
5.46 @ AHRI  
conditions (47°F)

# Maintenance & Installation Considerations

## Air Source VRF

- ▶ Maintenance
  - ▶ FCU Filter changes
- ▶ Installation
  - ▶ Insulation more forgiving
  - ▶ Refrigerant leaks detected at start-up
  - ▶ Smaller flexible pipe easier to route

## Similarities

- ▶ Noise
- ▶ Expected life

## Heat Pump Water Chiller

- ▶ Maintenance
  - ▶ FCU Filter changes
  - ▶ Glycol / water treatment
  - ▶ Valve operator failure
  - ▶ Pumps - oiling / failures
- ▶ Installation
  - ▶ Insulation needs to be done well to prevent condensation
  - ▶ Potential water leaks over time
  - ▶ Need space for electric boiler, pumps & tanks

# Geothermal Considerations

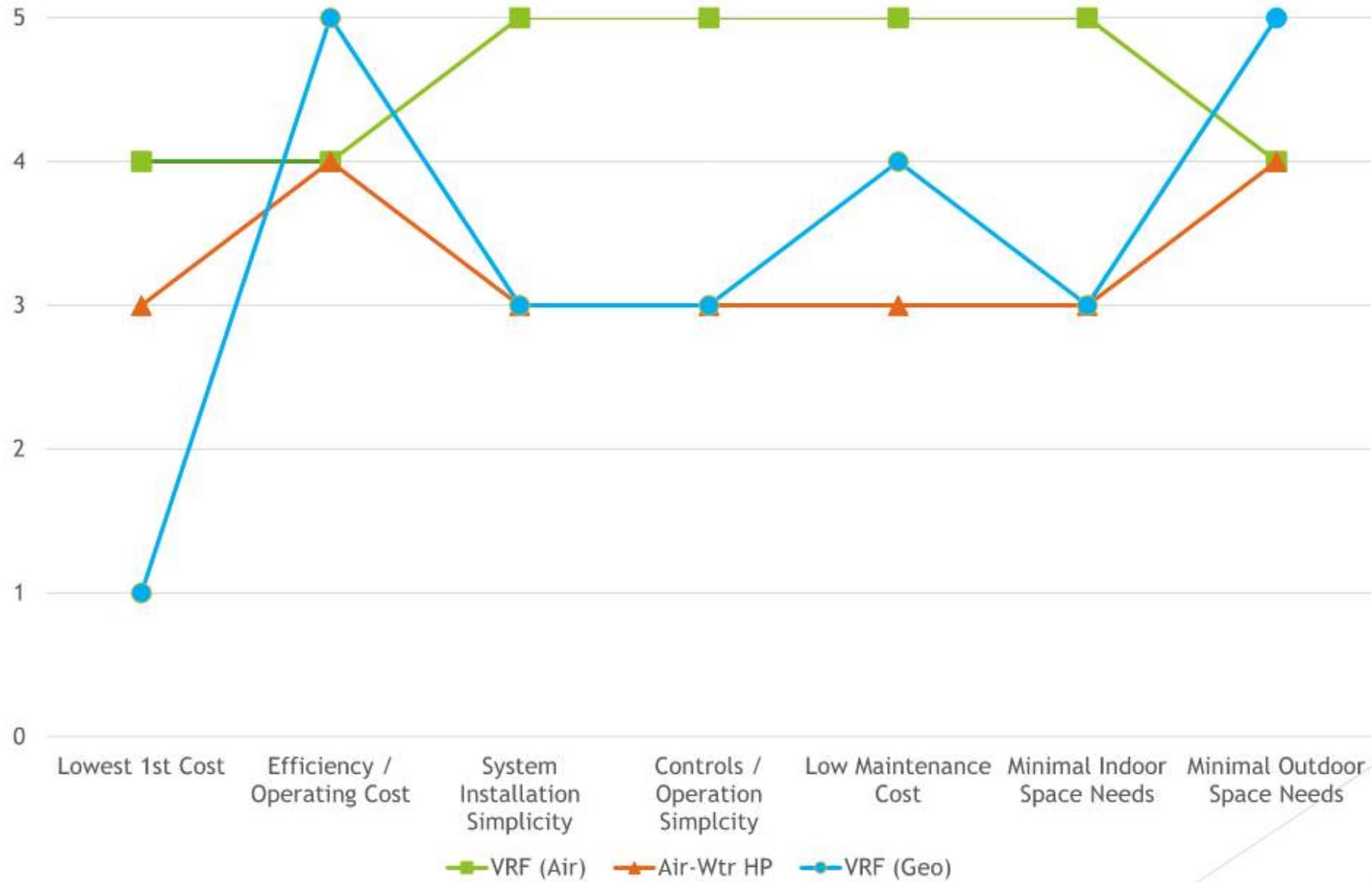
## Wells

- ▶ Approx 20 - 600 foot closed loop wells needed (preliminary, depend on several factors)
- ▶ 40 foot spacing required
- ▶ Space is an issue

## Cost

- ▶ \$35/foot for borehole drill and pipe (ballpark)
- ▶  $\$35 \times 600 \text{ ft} = \$21,000/\text{well}$
- ▶ 20 wells = \$420,000
- ▶ Numbers are order-of-magnitude only and not a firm estimate

## Relative System Comparisons



Note: Vertical axis #s are to show relative difference, not any specific value. 0 is worst, 5 is best.

	1 <sup>st</sup> Cost	Efficiency	Installation Complexity	Controls Simplicity	Relative Maintenance Cost	Indoor Mechanical Space Required
VRF (Air)	Lowest	Good	Simplest	Simplest	Low	Least (ceiling space for BC controller)
AWHP	Higher	Good	More Complicated	More Complicated	Higher	More (pumps, elec. boiler)
VRF (Geo)	Highest	Best	More Complicated	More Complicated	Higher	Most (heat pumps, pumps)

# Plan Updates

Highland Avenue

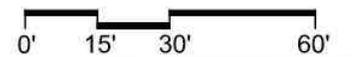
Walnut Street

Washington

Walnut Place

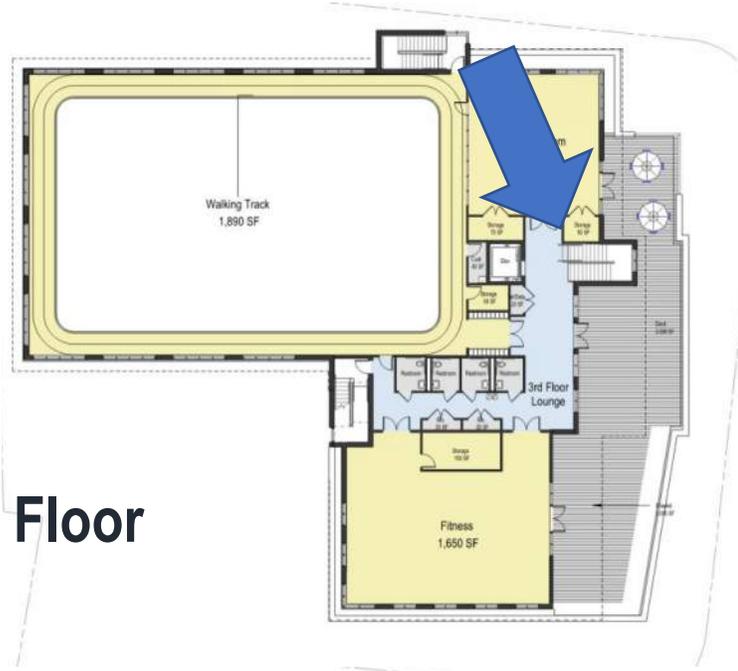
Walnut Place

Site Plan



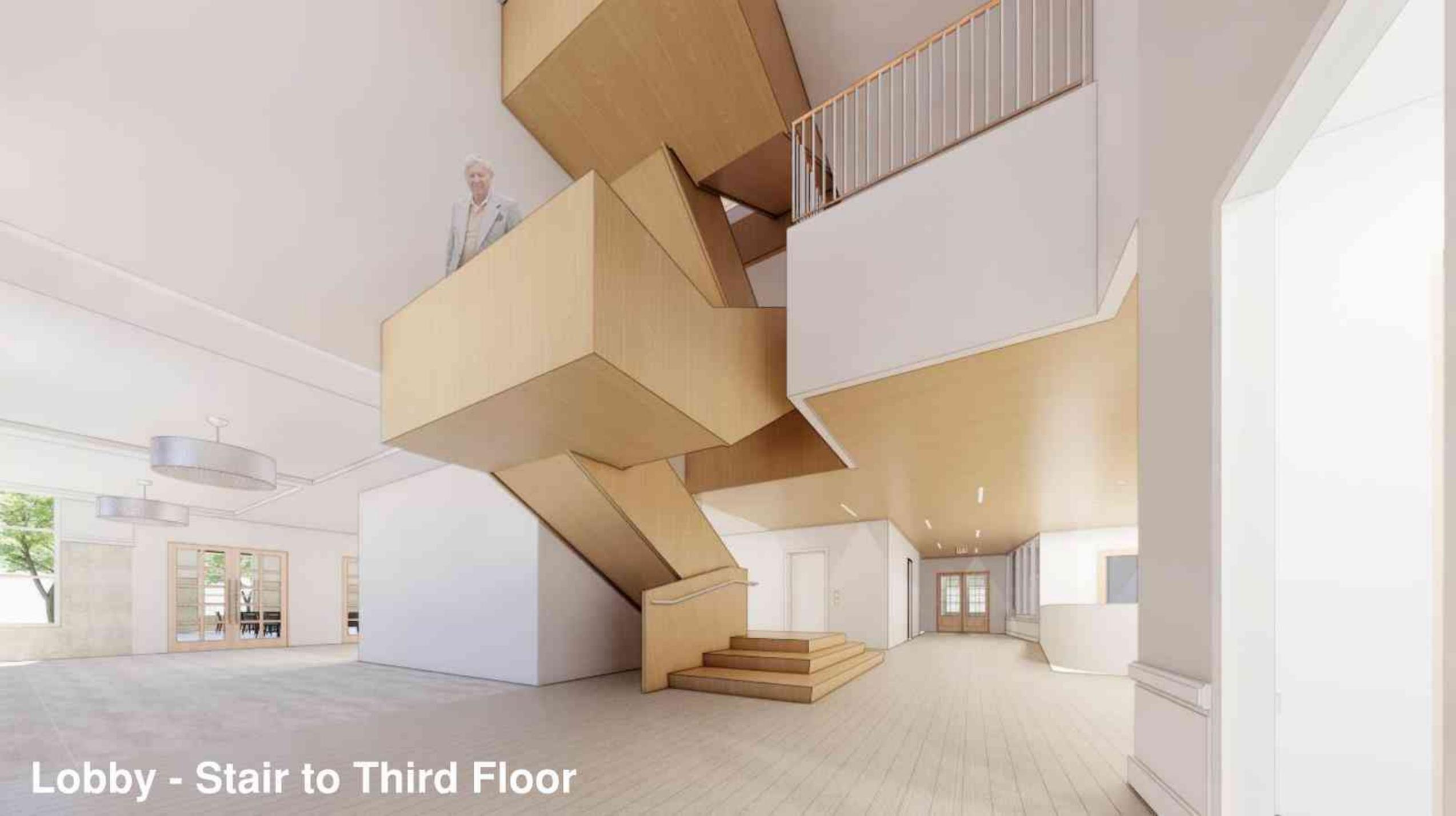
# Previous Design – Sept. 2022

## 3<sup>rd</sup> Floor



## 2<sup>nd</sup> Floor





**Lobby - Stair to Third Floor**

Highland Avenue

Walnut Street

Walnut Place

FIRST FLOOR





**Lobby - Stair to Second Floor only**

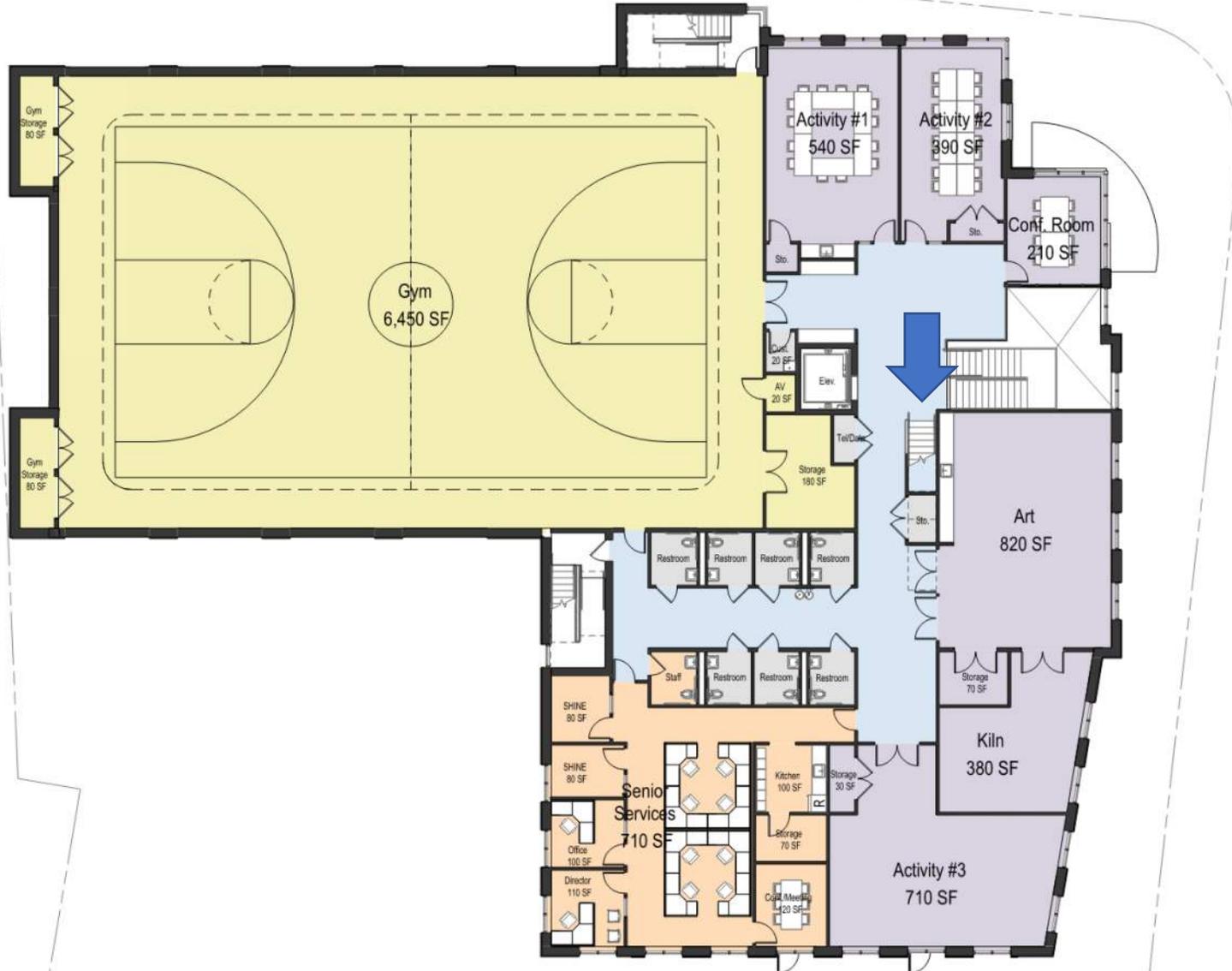


**Lounge - View towards Activity / Dining Room**



**Lounge - View towards Juice Bar**

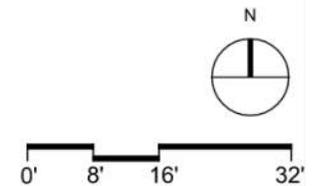
Highland Avenue

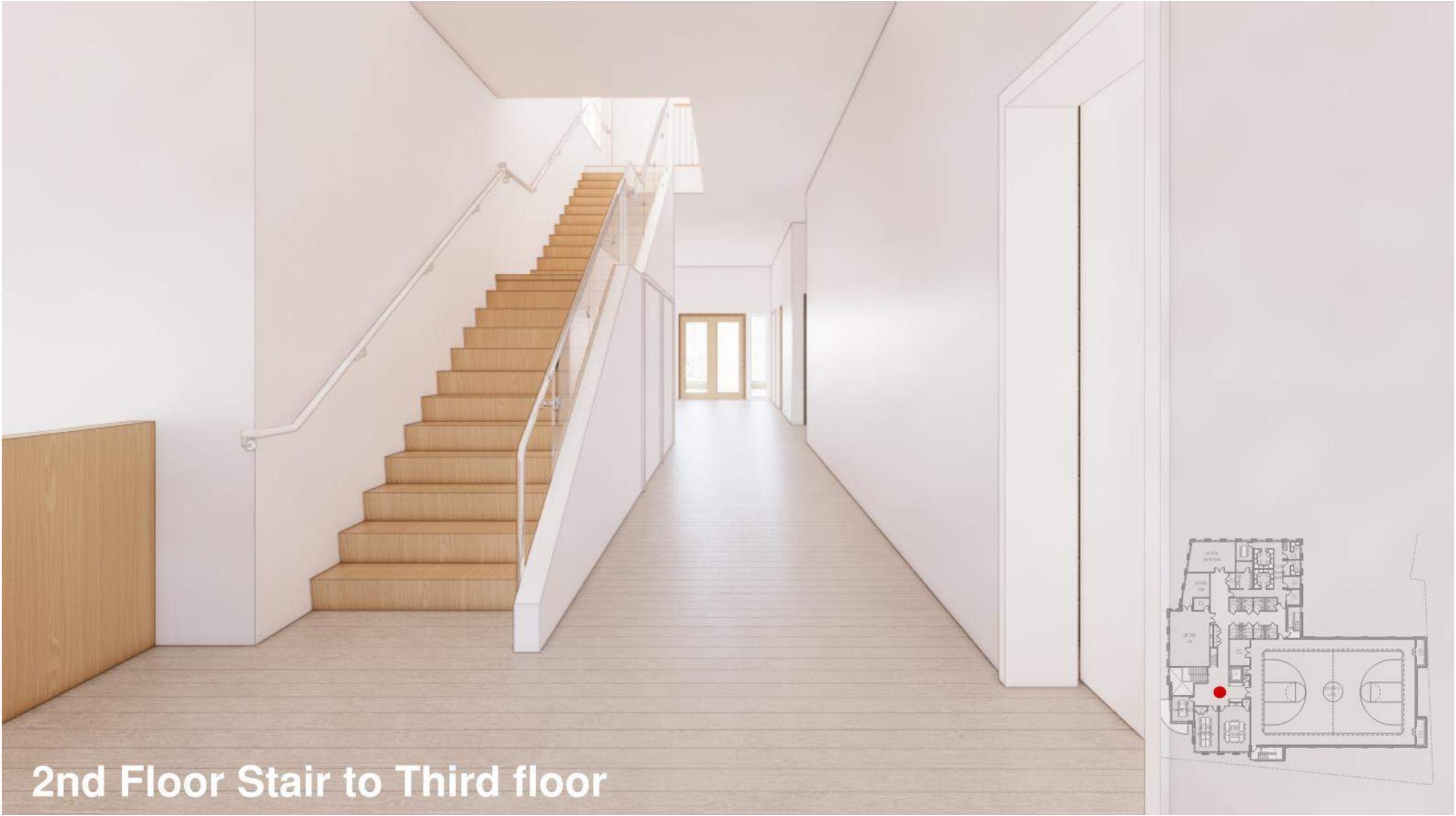


Walnut Street

SECOND FLOOR

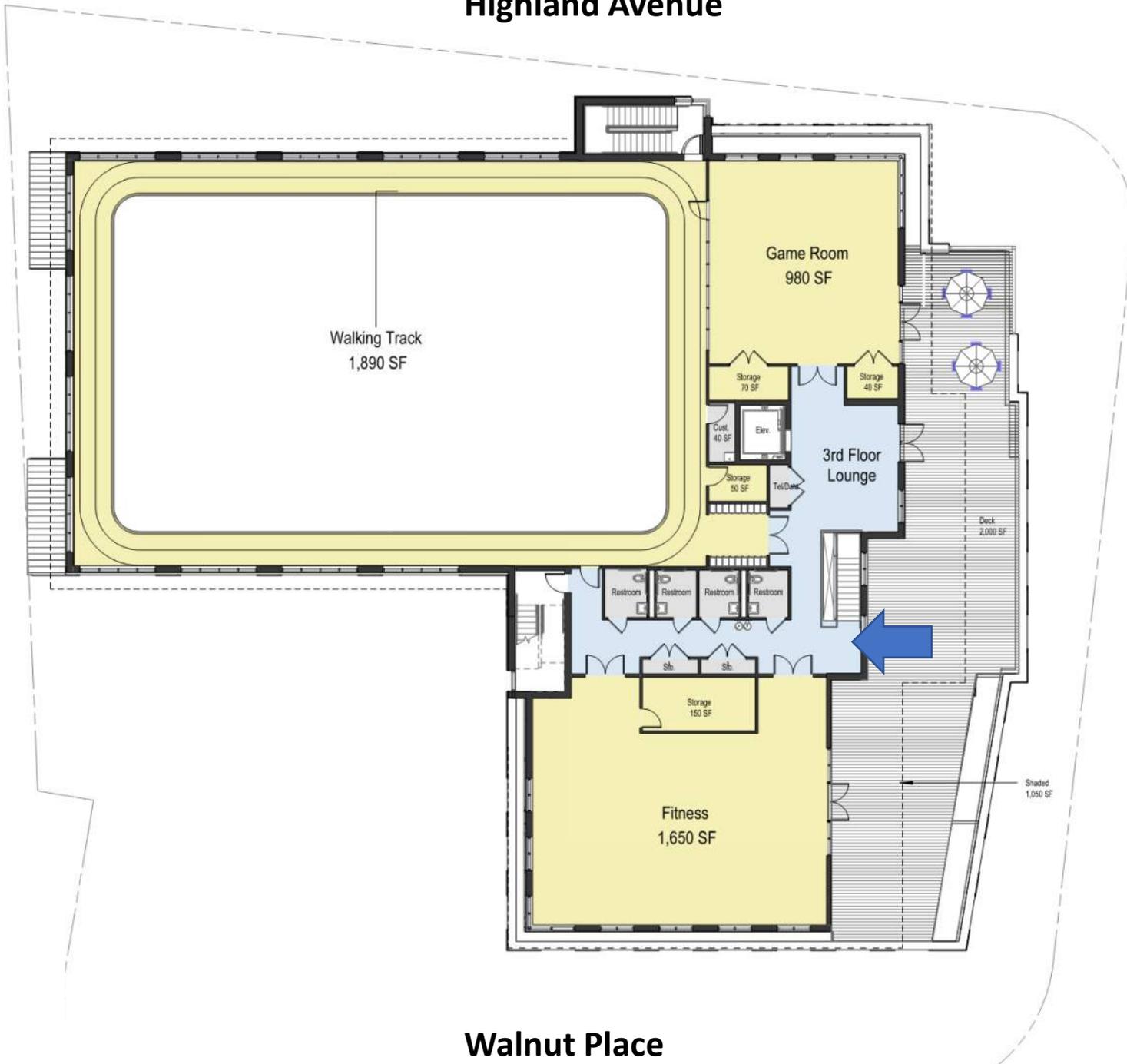
Walnut Place





**2nd Floor Stair to Third floor**

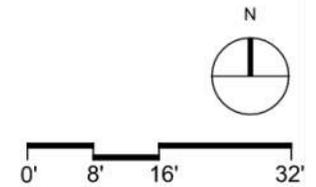
Highland Avenue

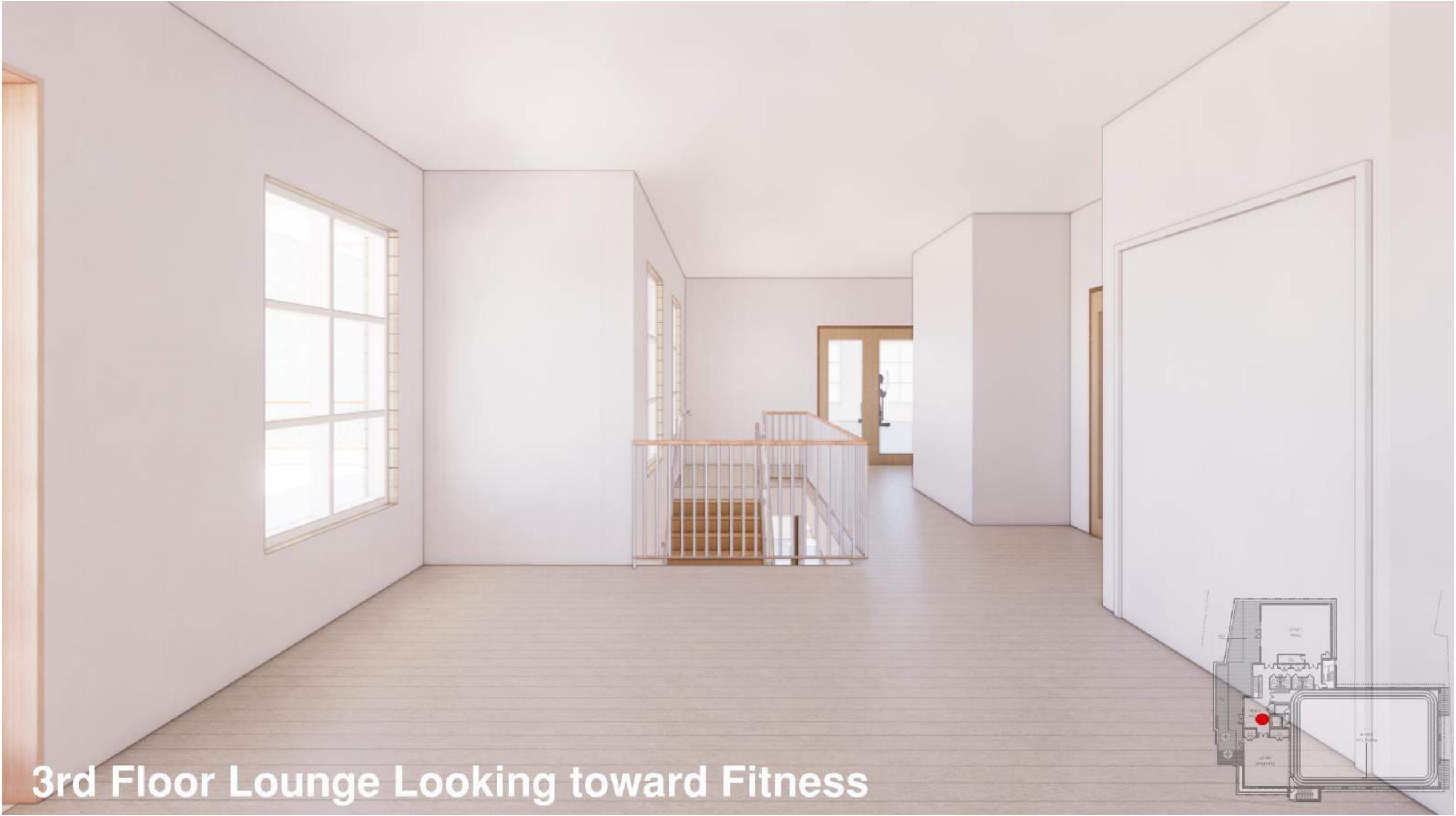


Walnut Street

THIRD FLOOR

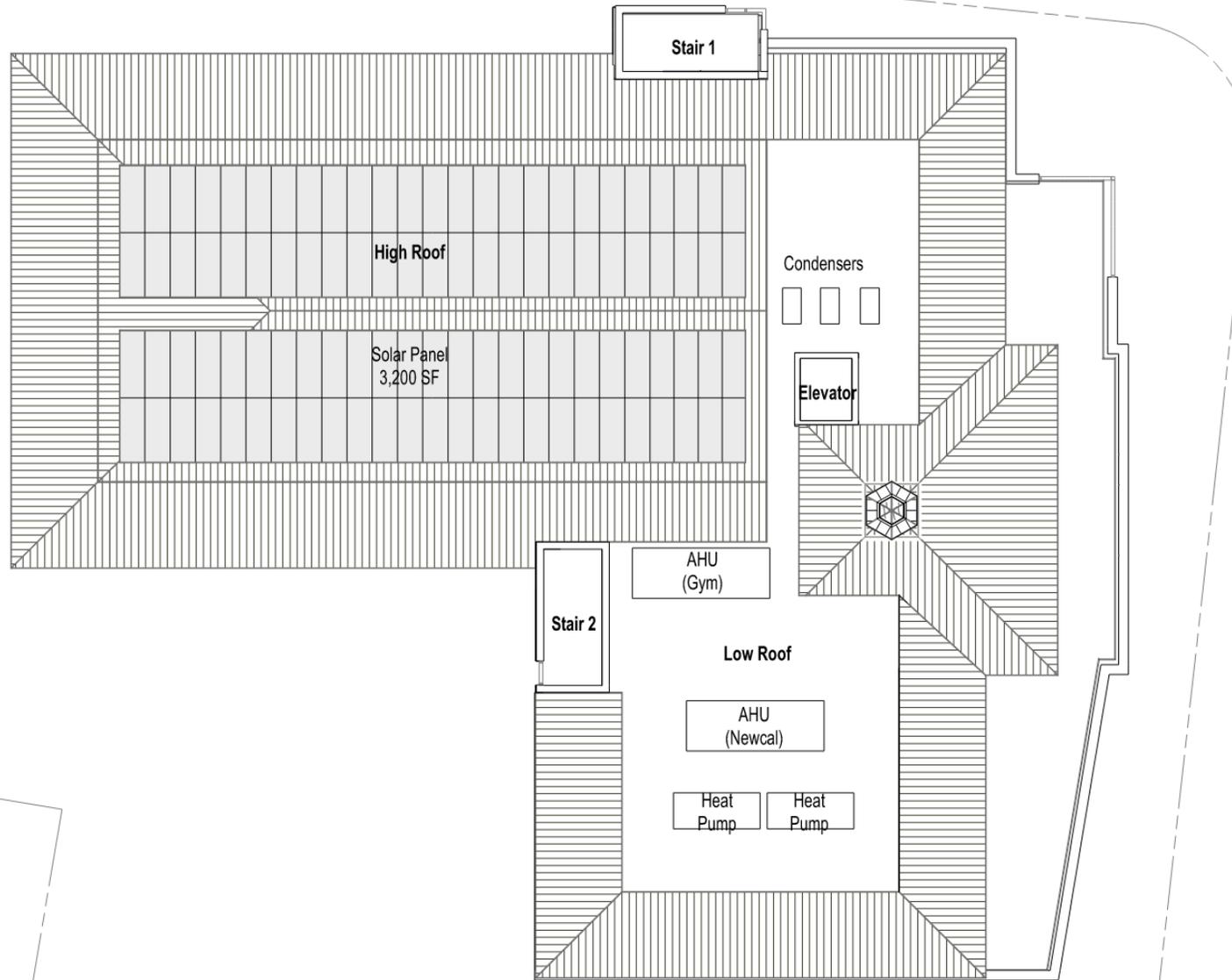
Walnut Place





**3rd Floor Lounge Looking toward Fitness**

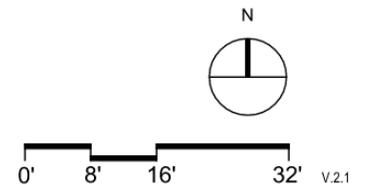
Highland Avenue



Walnut Street

Walnut Place

ROOF PLAN



# **Storage Impact To Exterior Facade**



West Elevation



**Walnut Street Elevation**



Highland Avenue Elevation



Walnut Place Elevation



Walnut Street and Highland Avenue

**Thank You**