

NewCAL

Design Review Committee

October 12, 2022



Agenda

- Building Structure
- HVAC Selection
- Plan Updates

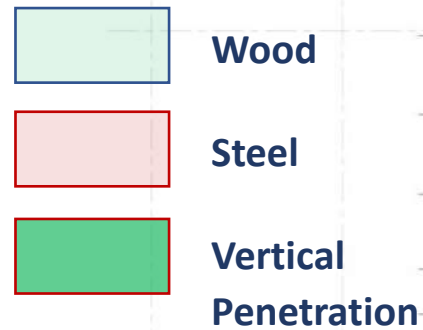
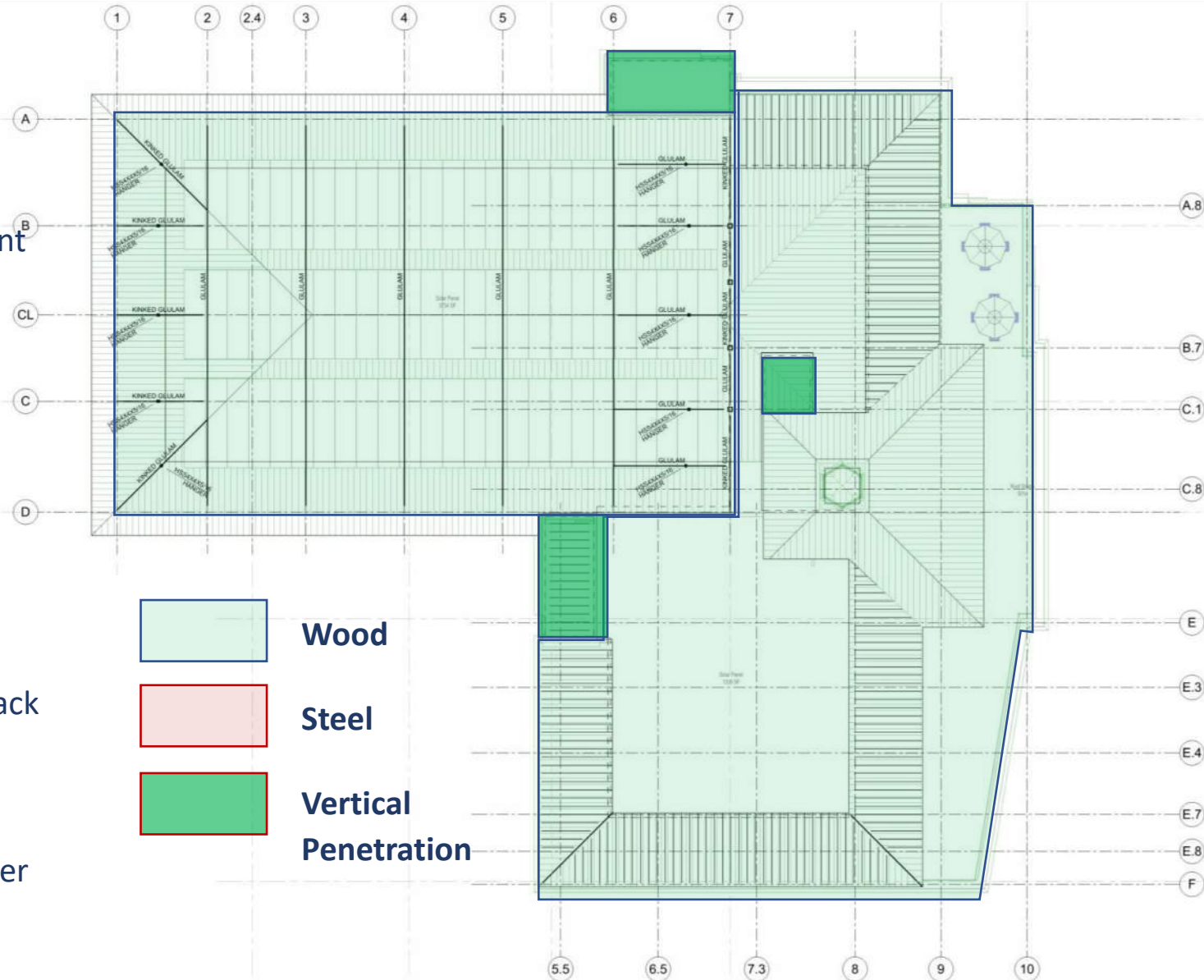
All Wood Structure Gym and NewCAL

Pro:

- Least Carbon Building Footprint
- Faster time frame
- Lighter structure requires less foundation loading and less concrete used
- Exposed wood beam/trusses could be a design feature
- Better Thermal Performance

Con:

- Shorter Span capability
- Complication with Walking Track Support
- Expensive Glu-lam Beams for column free span
- Larger column sizes and Deeper Beams/Trusses generally
- Structure is less stiff



HIGH ROOF FRAMING PLAN
1/8" = 1'-0"

PROGRESS PRINT
FOLEY BUN, ROBERTS & ASSOCIATES, INC.
10/12/2022
NOT FOR CONSTRUCTION

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PROJECT NAME
Newton Center for Active Living
340 Walnut Street
Newton, MA 02459

CLIENT
City of Newton

PROJECT TEAM

REVISIONS

DRAWING TITLE
HIGH ROOF FRAMING PLAN

DRAWING INFORMATION

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S1.5

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Mixed Steel and Wood - Option A

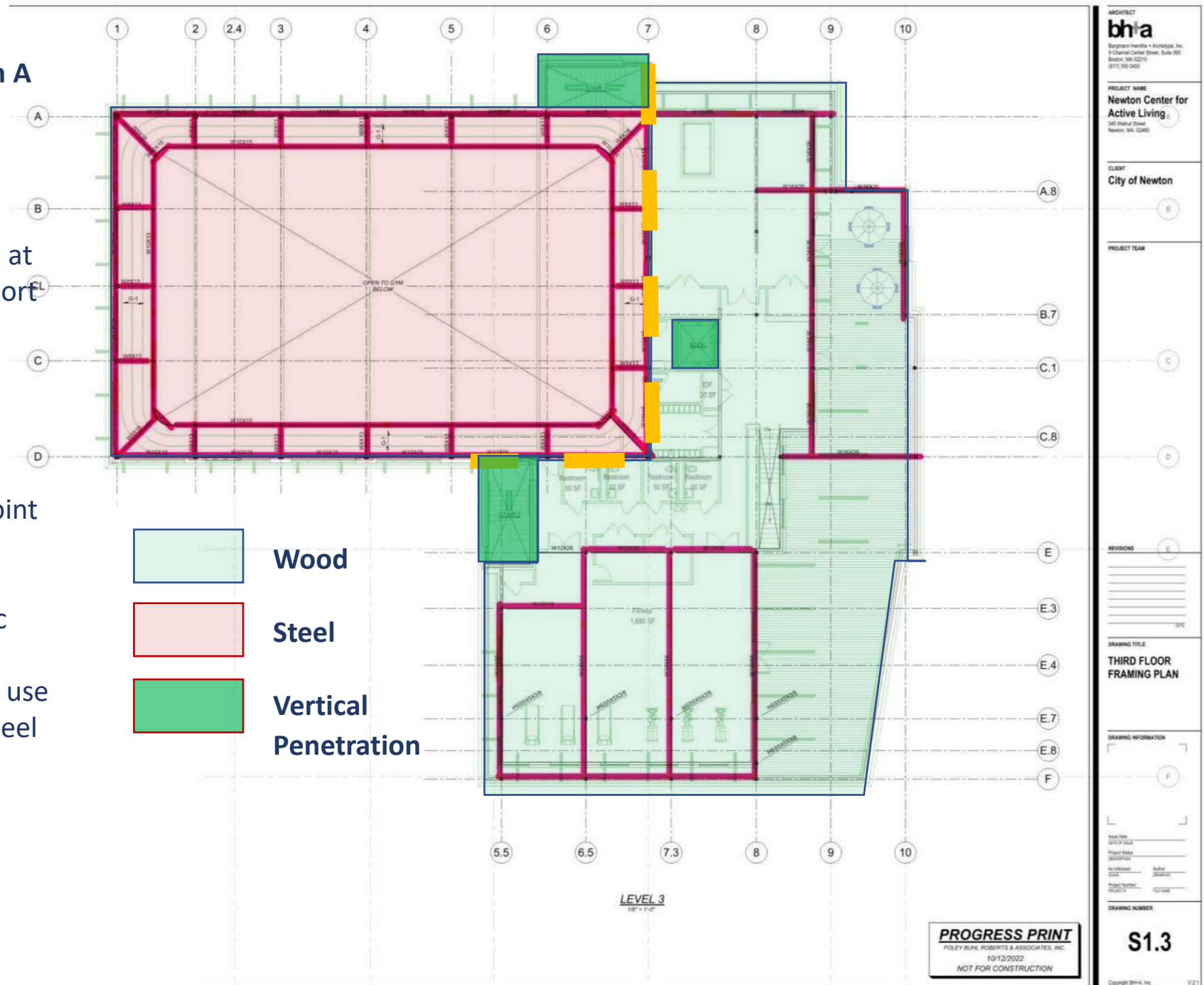
Gym - Steel Structure
NewCAL - Wood

Pro:

- Long Span Capability of Steel at Gym and Walking Track Support
- Straightforward Structural system @ Gym
- More Stiff framing at Gym

Con:

- Complication of Expansion Joint between Steel and Wood Structure
- Trade Complications in public bidding environment
- Increased concrete and steel use with Composite Deck with Steel Structure



Hybrid Steel and Wood - Option B

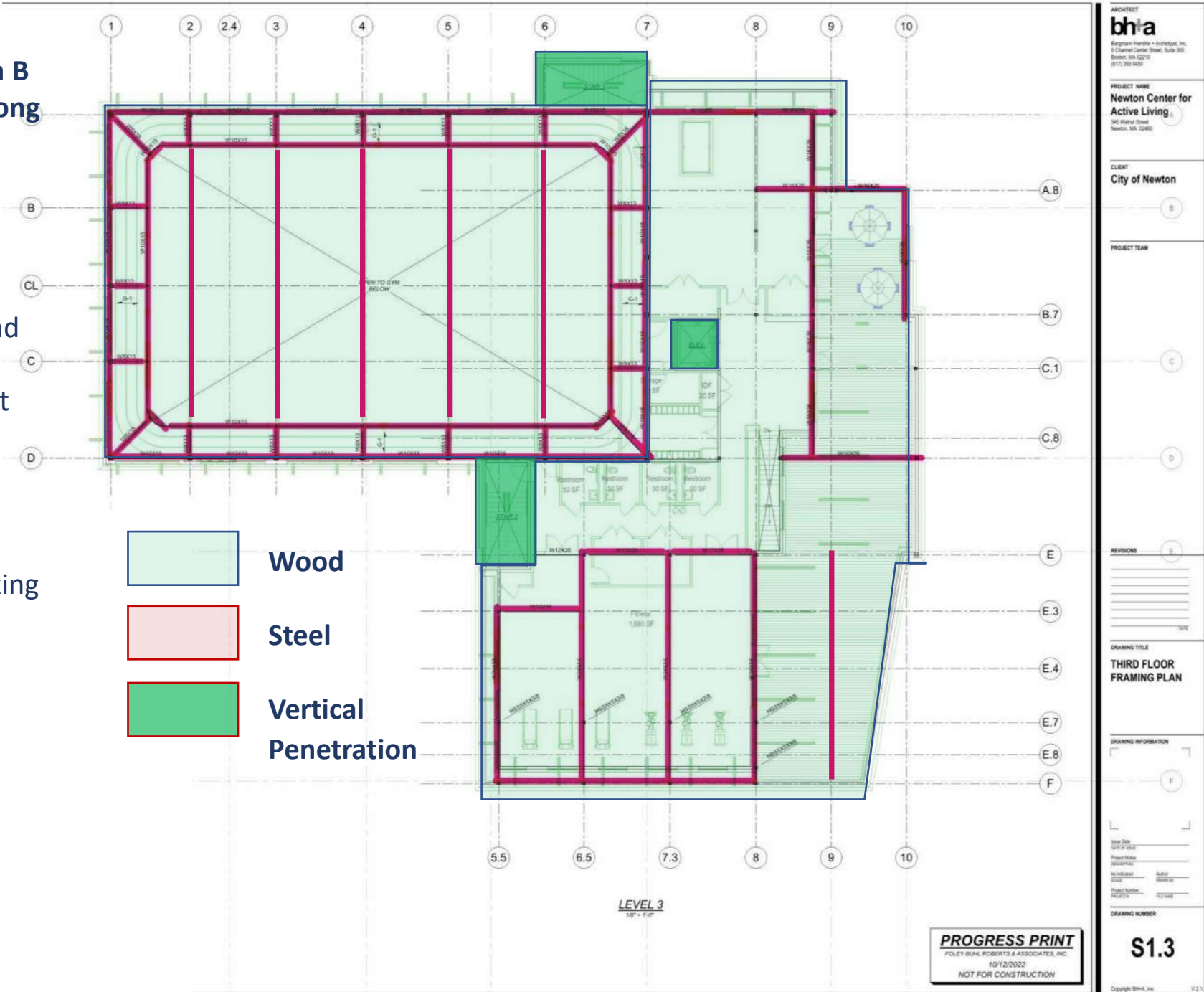
Wood Structure with Steel for Long Span Spaces only

Pro:

- Steel only where needed for Long Span
- No added Composite Deck and Concrete
- Minimize on Carbon Footprint

Con:

- Complication with Trades mixing Steel Structure within Wood Frame
- C



HVAC Systems

System Descriptions

Air-source VRF

- ▶ Air cooled VRF Heat pumps (outdoor)
- ▶ Fan coil units (refrigerant)
- ▶ BC Controller (refrigerant distribution box)
- ▶ Copper refrigerant piping
- ▶ All system controls by VRF manufacturer
- ▶ Single system provides simultaneous heating and cooling to different zones
- ▶ System operates to -13°F outdoor air temp. No supplemental heat required

Air-Water Heat Pump/Chiller

- ▶ Air source water chillers (outdoor)
 - ▶ 2 systems, 1 for heating, 1 for cooling
- ▶ Fan coil units (hydronic, 4-pipe)
- ▶ 4-pipe system (hot and chilled water) Steel or copper pipe
- ▶ 3rd party controls to integrate all system components (heat pumps/chillers and fan coil units)
- ▶ System operates down to 0°F outdoor air temp. Supplemental heat required (electric boiler)

Relative First Costs

VRF Heat Pump (Air Source)

Lowest

- Less expensive equipment
- No pumps
- 2-pipe system (1 set pipes to do simultaneous heating or cooling)
- Smaller, flexible copper piping with minimal joints
- Simpler pipe insulation
- Integral/package control system

Air-Source Heat Pump Chiller

Higher

- More expensive equipment
- Requires pumps and control valves
- Requires multiple/redundant chillers to provide simultaneous heating and cooling.
- Requires 4-pipe distribution (2 sets of piping to do simultaneous heating and cooling)
- Piping is larger with many more joints.
- Insulation is thicker and more expensive
- Requires a supplemental electric boiler for low outdoor temperature operation
- Requires separate control system

VRF Heat Pump with Geothermal

Highest

- VRF water-cooled equipment slightly more expensive than air-cooled VRF system
- The piping, insulation and controls are the same as the base VRF system
- The main extra cost is the wells and pumps

Big Picture Energy Comparison

- Many variables and lack of manufacturer data make a definitive comparison of the efficiencies is difficult without detailed energy design and energy analysis
- Both types of systems use the same technology (refrigerant compressors) and extract heat from or reject heat to the same temperature source (outdoor air), and therefore should have similar efficiencies
 - VRF (air cooled) heating and cooling efficiencies vary by outdoor air temperature
 - Air-water heat pump heating and cooling efficiencies vary by outdoor air temperatures AND supply water temperature
 - Air-water heat pumps require pumps which cost more energy for the system, which is not captured in the equipment efficiency ratings
 - The VRF system can “move” heat within the system from zone that are in cooling to zones that need heating. AWHP can’t.
- To get a definitive energy comparison a detailed energy model would be required. And the design for both systems would need to go further than schematic design level.
 - Equipment selections (VRF units, chillers, pumps, etc.)
 - System operating conditions (chiller heat pump system)
- One certainty - VRF with Geothermal is the premium efficiency system.
 - Heat pump extracts heat from 50°F earth instead of 6°F air

VRF (Air) COP = 3.46
@ AHRI conditions
(47°F)

Chiller Heat Pump
(Air) COP
= 2.6 @ 25°F
ambient @ 105°F
HWS
= 1.8 @ 25°F
ambient @ 140°F
HWS

VRF (Geo) COP =
5.46 @ AHRI
conditions (47°F)

Maintenance & Installation Considerations

Air Source VRF

- ▶ Maintenance
 - ▶ FCU Filter changes
- ▶ Installation
 - ▶ Insulation more forgiving
 - ▶ Refrigerant leaks detected at start-up
 - ▶ Smaller flexible pipe easier to route

Similarities

- ▶ Noise
- ▶ Expected life

Heat Pump Water Chiller

- ▶ Maintenance
 - ▶ FCU Filter changes
 - ▶ Glycol / water treatment
 - ▶ Valve operator failure
 - ▶ Pumps - oiling / failures
- ▶ Installation
 - ▶ Insulation needs to be done well to prevent condensation
 - ▶ Potential water leaks over time
 - ▶ Need space for electric boiler, pumps & tanks

Geothermal Considerations

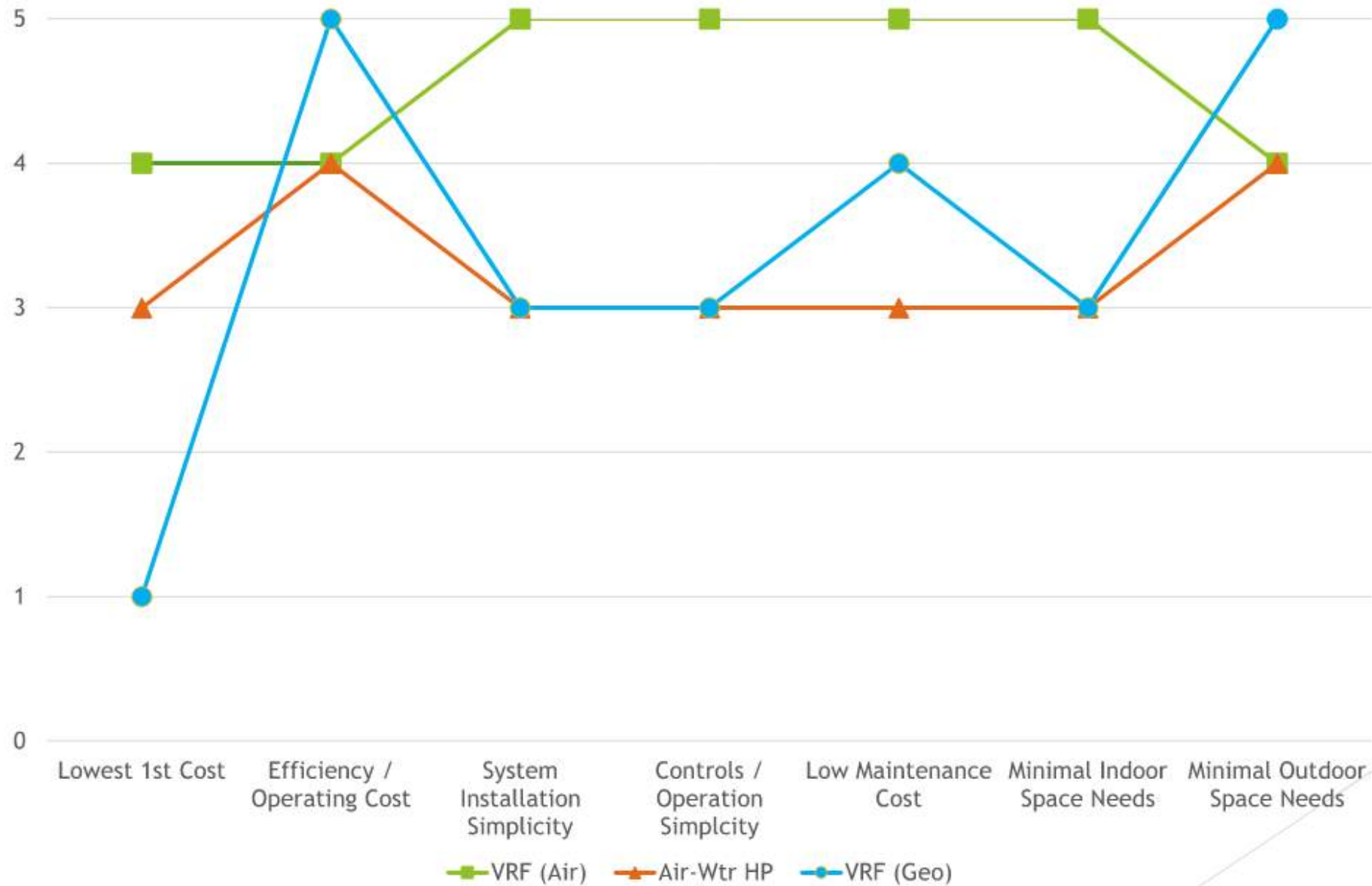
Wells

- ▶ Approx 20 - 600 foot closed loop wells needed (preliminary, depend on several factors)
- ▶ 40 foot spacing required
- ▶ Space is an issue

Cost

- ▶ \$35/foot for borehole drill and pipe (ballpark)
- ▶ $\$35 \times 600 \text{ ft} = \$21,000/\text{well}$
- ▶ 20 wells = \$420,000
- ▶ Numbers are order-of-magnitude only and not a firm estimate

Relative System Comparisons



Note: Vertical axis #s are to show relative difference, not any specific value. 0 is worst, 5 is best.

	1 st Cost	Efficiency	Installation Complexity	Controls Simplicity	Relative Maintenance Cost	Indoor Mechanical Space Required
VRF (Air)	Lowest	Good	Simplest	Simplest	Low	Least (ceiling space for BC controller)
AWHP	Higher	Good	More Complicated	More Complicated	Higher	More (pumps, elec. boiler)
VRF (Geo)	Highest	Best	More Complicated	More Complicated	Higher	Most (heat pumps, pumps)

Plan Updates

Highland Avenue

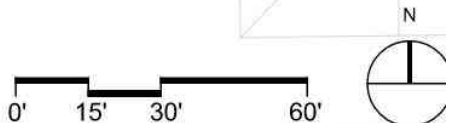
Walnut Street

Washington

Walnut Place

Walnut Place

Site Plan



Previous Design – Sept. 2022

3rd Floor



2nd Floor





Lobby - Stair to Third Floor

FIRST FLOOR





Lobby - Stair to Second Floor only

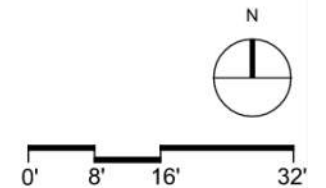


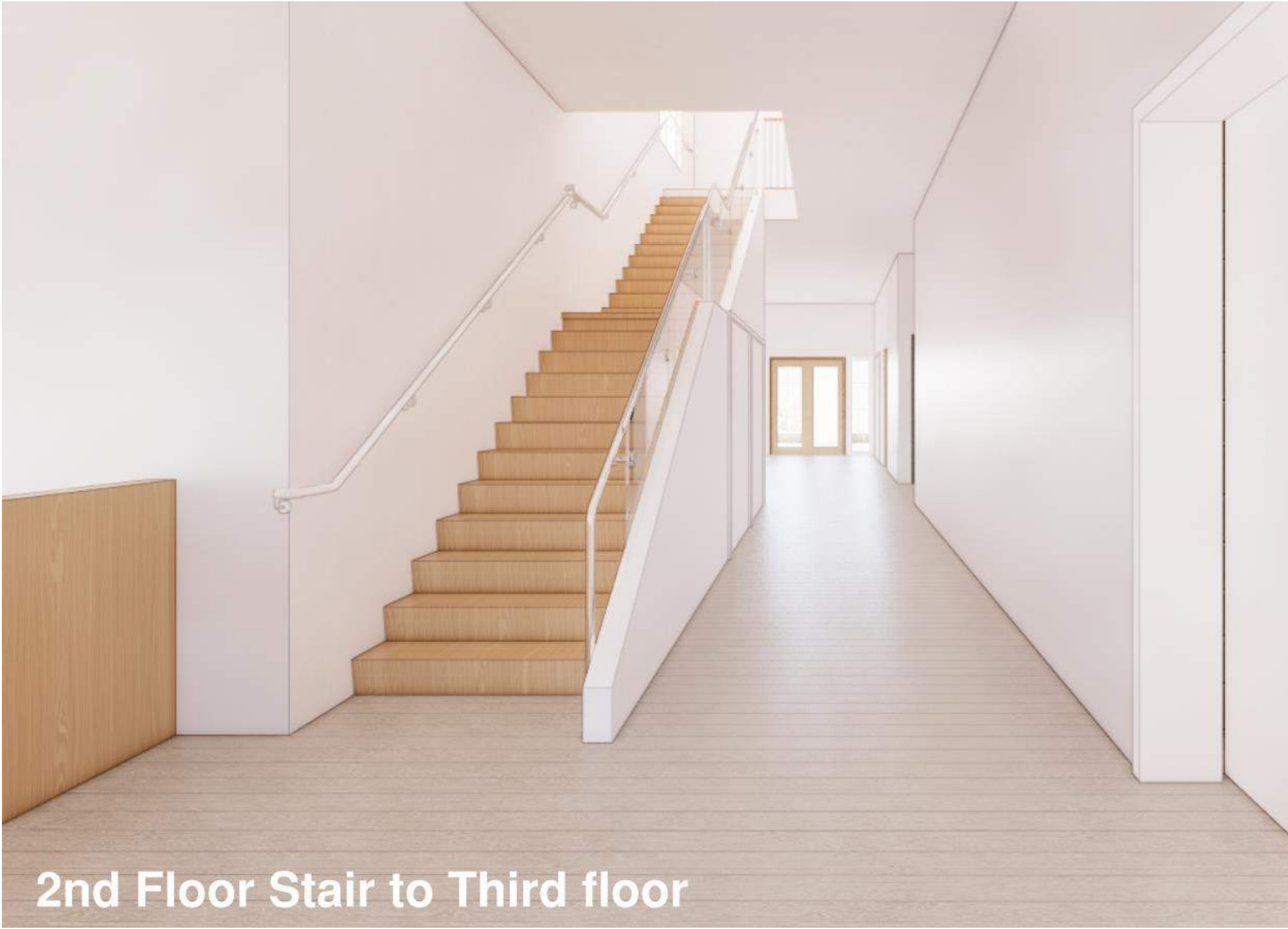
Lounge - View towards Activity / Dining Room



Lounge - View towards Juice Bar

SECOND FLOOR





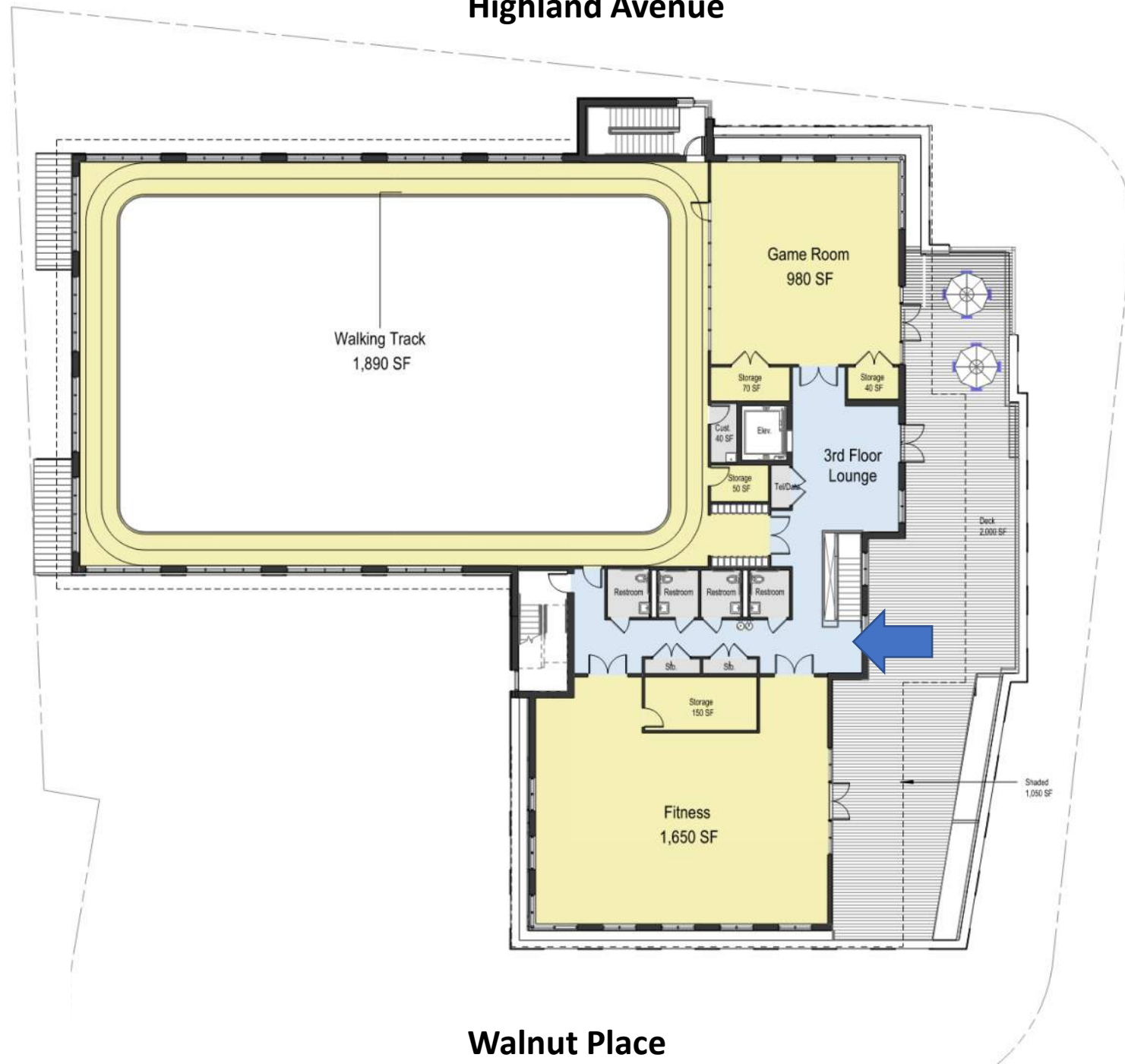
2nd Floor Stair to Third floor



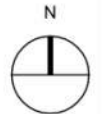
Highland Avenue

Walnut Street

THIRD FLOOR

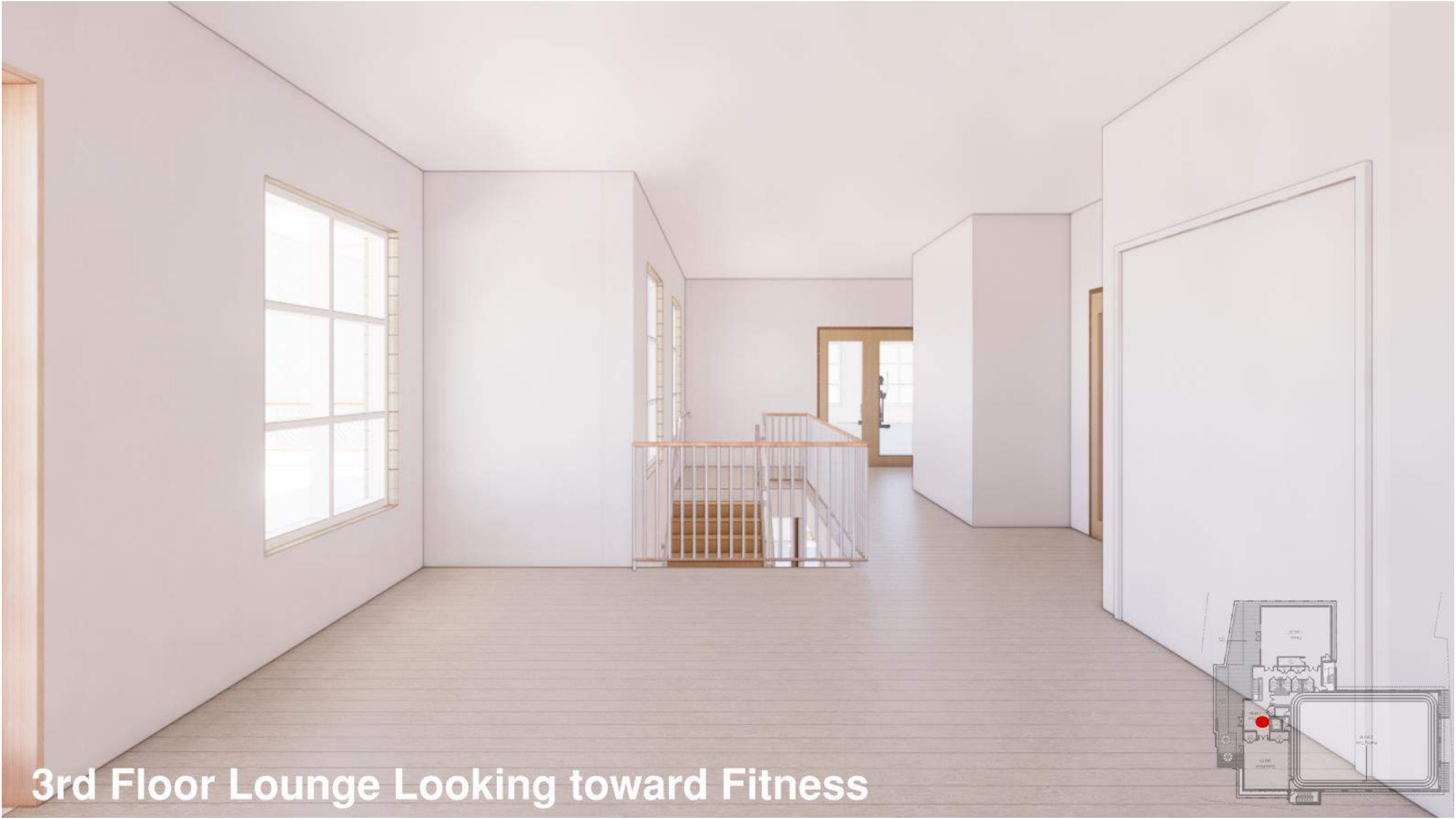


Walnut Place



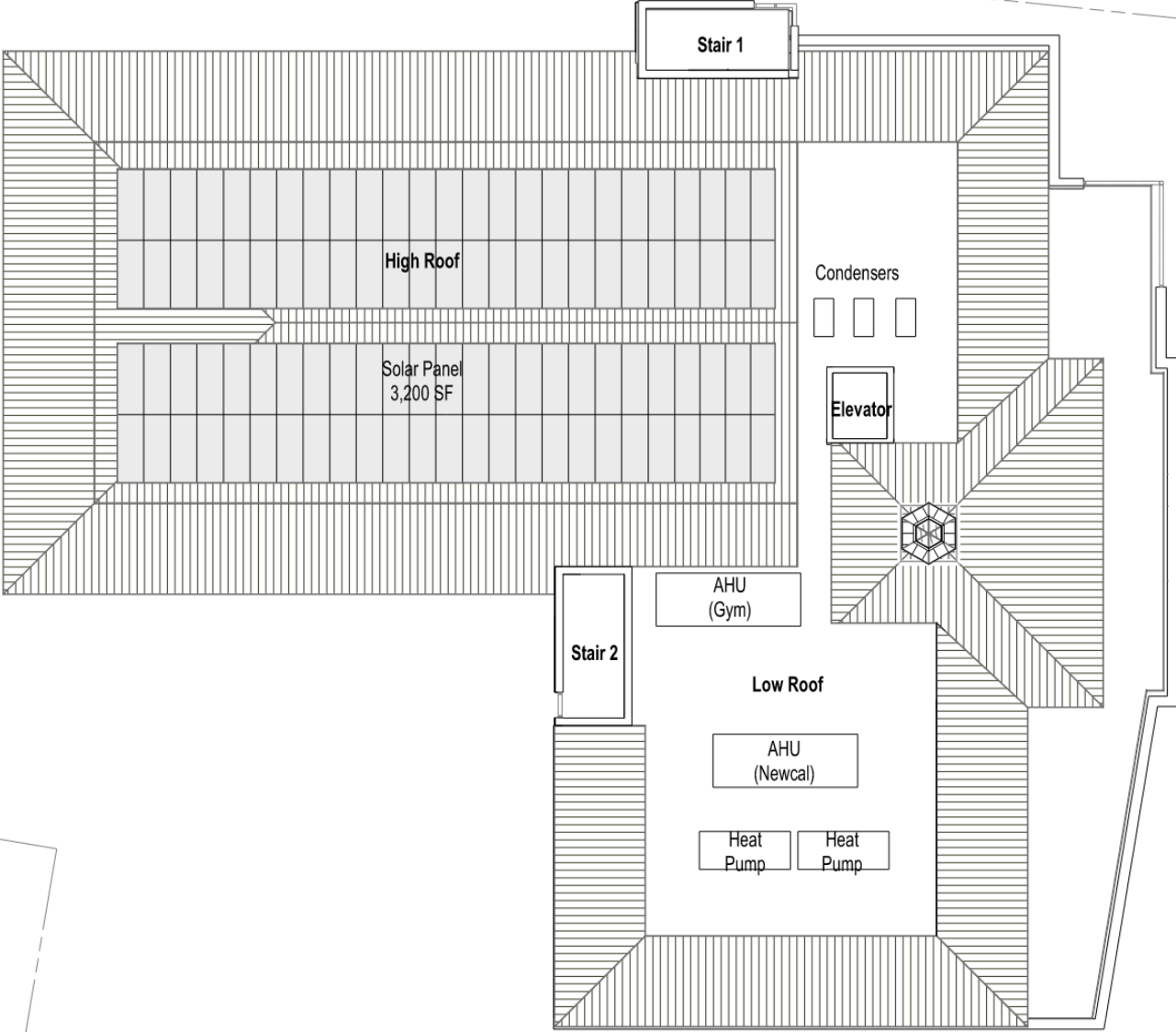
0' 8' 16' 32'

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3rd Floor Lounge Looking toward Fitness

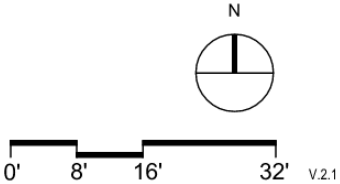
Highland Avenue



Walnut Street

Walnut Place

ROOF PLAN



Storage Impact To Exterior Facade



West Elevation



Walnut Street Elevation



Highland Avenue Elevation



Walnut Place Elevation



Walnut Street and Highland Avenue

Thank You